



CONTINUING EDUCATION

Summer 2023

COLUMBIA-GREENE COMMUNITY COLLEGE



**PERSONAL
ENRICHMENT**



**CAREER
DEVELOPMENT**



CAMP

HOW TO REGISTER

Summer 2023

BY PHONE: 518.697.6370 Mastercard, Visa, American Express, and Discover cards are accepted over the telephone for all non-credit course registrations. Please have all registration and card information on-hand when calling.

IN-PERSON: Registration and payment may be made in person at Suite 107 in the Main Building of the Columbia-Greene Community College campus at 4400 Route 23, Hudson, NY 12534.

Accessibility

C-GCC provides an inclusive campus for all students. Got questions? Contact the Office of Accessibility Services at oasweb@sunycgcc.edu.

Materials

Some courses require additional books and supplies not covered by the course fee. These supply lists will either be provided upon registration, by the instructor prior to class, or within the course description.

Refunds

Occasionally, courses must be canceled prior to their start because of low enrollment or unforeseen circumstances. If this occurs, students will be notified by telephone. If the College cancels a course, the registration will be refunded in full. Those wishing to withdraw from a course must request a refund before the class begins. No refunds will be made after the first class, unless otherwise noted.

COVID Vaccine Requirements

All on-campus students must provide valid evidence of vaccination. Please check the appropriate Department of Health website for vaccine availability.

Want more information about Columbia-Greene?

Our weekly virtual information sessions held every Wednesday at 4:00 p.m.

Register at <http://go.sunycgcc.edu/admissionsweeklyinformationsessions> or call **518.697.6500**.

Welcome to C-GCC's Community Engagement and Professional Development

Columbia-Greene Community College's Office of Community Engagement and Professional Development (CEPD) provides educational opportunities,



personal enrichment, career development, and cultural programs for residents of Columbia and Greene counties.

Non-credit and continuing education courses, training programs, workshops, and community events will help you fulfill your lifelong-learning and personal development goals.

Questions? Contact Amanda Karch, Director of CEPD, at akarch@sunycgcc.edu, or call **518.697.6370**.

Amanda Karch

Director of Community Engagement and Professional Development

» LET'S GO!

Follow the College on Social Media for the latest news!

#CoGreene!



TWINS

C-GCC ATHLETICS CAMPS

FOR KIDS 9-16

Softball (Girls)
July 10-14

Co-Ed Basketball
July 17-21

Baseball (Boys)
July 24-28

Co-Ed Basketball
July 31-August 4

For more information and to register for Athletics camps, please go to cgctwins.com

Tuition Funding: Columbia-Greene Workforce New York

Columbia-Greene Workforce New York, located in the Professional Academic Center at C-GCC, provides a variety of employment-based services and offers grant-based tuition assistance for eligible people and programs that lead to industry-recognized credentials in high-demand fields. Eligible CEPD courses are noted in the course descriptions. For more information call **518.697.6510**.

§ Look for this symbol to find courses eligible for Workforce NY support.

BLACK ROCKET STEM CAMPS

Summer 2023

TO REGISTER FOR BLACK ROCKET CAMPS, VISIT: blackrocket.com/gre

Beats and Jams: Digital Music Creators

Begin your rise to the top of the charts with digital music production! Just like today's top artists, you can design your own beats or remix a mashup of your favorite songs to become a digital composer and sound engineer. In this course, students will learn to produce digital music, record sound, make sound effects, and mix their own tracks. No prior music experience is necessary. Student-created soundtracks will be available on a password protected website to share with friends and family.

Dates: July 10 – July 13
9:00 a.m. – Noon
1:00 p.m. – 4:00 p.m.
Fee: \$169

Monday - Thursday
Ages 8 – 10
Ages 11 – 14



Minecraft® Redstone Engineers

Take the next step beyond simply "playing" Minecraft and become a true Redstone engineer. Expand your Redstone knowledge by constructing your own carnival with a variety of mini-games, roller coasters, and attractions powered by Redstone. Learn how to use Command and Structure blocks to incorporate them into your builds. Activate your skills and take your Minecraft structures to the next level!

Dates: July 17 – July 20
9:00 a.m. – Noon
1:00 p.m. – 4:00 p.m.
Fee: \$169

Monday - Thursday
Ages 8 – 10
Ages 11 – 14

ROBLOX® Coders and Entrepreneurs!

Discover the Lua language through a visual block coding system while designing worlds in ROBLOX®, an online universe where you can create anything. This new class combines game design concepts, coding, and fun! Young entrepreneurs also will learn how to navigate ROBLOX's fast-growing marketplace to publish their games. Student-created games will be available on a password protected Black Rocket website to share with friends and family.

Dates: July 24 – July 27
9:00 a.m. – Noon
1:00 p.m. – 4:00 p.m.
Fee: \$169

Monday - Thursday
Ages 8 – 10
Ages 11 – 14

Cyber Spies

With the world's increased reliance on digital data, cyber security is more important than ever! In this class, you are all that stands between a group of international hackers launching cyber-attacks and world peace. Through a series of challenges, learn to apply tools used by professional digital forensics teams to crack codes and use encryption. Working in teams you will collect clues, recover lost data, and explore the tools of the trade to become the next great cyber spy!

Dates: July 31 – August 3
9:00 a.m. – Noon
1:00 p.m. – 4:00 p.m.
Fee: \$169

Monday - Thursday
Ages 8 – 10
Ages 11 – 14



Day in Court – Mock Trial

Play the roles of judge, defendant, plaintiff, witness, lawyer, bailiff, or juror in several mock trials. Learn how to make opening and closing statements, how to phrase objections, and how to question witnesses. Pull all your skills together at the end of the week as you participate in a final

mock trial based on cases from past national and state-level Mock Trial competitions.

Dates: July 31 to August 3
1:00 p.m. – 4:00 p.m.
Fee: \$169

Monday - Thursday
Ages 8 – 10



Young Investors and Entrepreneurs

Learn the secrets of building financial wealth and security! Whether you want to build the next great American company, become a Wall Street tycoon, or be the millionaire next door by investing wisely - this camp is for you! In this course, you will learn the basics of investing in the stock market, the difference between assets and liabilities, the importance of diversification, and how to evaluate companies. You also will develop your own business plan and present your ideas to your peers to compete for their investments in a mock Shark Tank-style activity.

Dates: July 31 to August 3
9:00 a.m. – Noon
Fee: \$169

Monday - Thursday
Ages 8 – 10

YouTube® Content Creators

Find your voice and leave your mark on the world! Explore the variety of content and personalities that exist on YouTube and how to find your own niche. Learn the Dos and Don'ts of the platform and how to practice good digital citizenship. Develop your on-camera presence, your own channel branding, and professional editing skills. Take home a plan for launching your own channel with the content created in class! Student projects will be available on a password protected Black Rocket website to share with friends and family.

Dates: August 7 – August 10
9:00 a.m. – Noon
1:00 p.m. – 4:00 p.m.
Fee: \$169

Monday - Thursday
Ages 8 – 10
Ages 11 – 14

To register for Black Rocket STEM Camps, visit blackrocket.com/gre

CAREER DEVELOPMENT COURSES

Summer 2023

CANNABIS EDUCATION *NEW!*

Cannabis Home Cultivation

Like any plant, growing cannabis with higher yields and better aromas, flavors, and effects can take a bit of effort and knowledge. This self-paced asynchronous course gives home growers a foundation for growing their best medicine. Students will have access to video content and live/recorded remote Q&A sessions with the instructor. The course material will be available to students aged 21+ for three weeks.

The New York Marijuana Regulation and Taxation Act permits the home cultivation of medical cannabis for certified patients and designated caregivers registered in the Medical Cannabis Program.

INSTRUCTOR: Rich Koloszyk is a grower and breeder who focuses on outdoor growing in the northeast. He believes in regenerative agriculture, plant medicine, and the right to grow your own cannabis.

SI 99387-1Z

Taught via Zoom and YouTube

3 Wednesdays

Begins: May 24, 2023

7:00 p.m. – 8:00 p.m.

Fee: \$200



CAREER AND BUSINESS SKILLS



Become a New York State Notary Signing Agent

If you are currently a New York Notary Public and have always wanted to explore earning additional income, this seminar is for you! After completing this introductory course, students will have the opportunity to work on a freelance basis with mortgage, title, and signing companies who hire employees to notarize and present mortgage loan documents. Please note: students must be a current Notary Public in order to become a Signing Agent.

INSTRUCTOR: Victor Bujanow is a NYS Notary Public, Certified Notary Signing Agent, statewide Notary Public college adjunct instructor, and a member of The American Society of Notaries.

PR 72170-1Z

Taught via Zoom

1 Thursday

July 27, 2023

1:00 p.m. – 4:00 p.m.

Fee: \$85



Earn Extra Money Mystery Shopping

Students will learn how to sign up with many legitimate mystery shopping companies without fees, avoid the pitfalls and scams, create a required mystery shopping resume and profile,

and take care of legalities and taxes regarding this income. Participants will receive a list of 25 legitimate companies to which they can apply.

PREREQUISITE: How to Start Any Home Business: 250 Business Ideas!

INSTRUCTOR: LeeAnne Krusemark is an author, speaker, business owner, Chamber of Commerce Past President, and guest instructor at more than 200 colleges from Maine to Hawaii, as well as an adjunct online professor of publishing through ed2Go at some 2,000 facilities worldwide.

PR 24243-1Z

Taught via Zoom

1 Tuesday

July 11, 2023

6:00 p.m. – 7:00 p.m.

Fee: \$25

Getting Paid to Talk

For students who have ever wondered how to work in voice-over, this workshop is a realistic first step. An easy-to-access remote learning system will take students behind the scenes at Voice Coaches' main studios in Albany, NY, where voice-over content is produced for clients including Netflix, Discovery, HGTV, Disney, Lifetime, Nickelodeon, and others. From audio books, training material, animation, and commercials to socially relevant content, television, and much, much more, today's voice-over field has become a great way to leverage individual voice qualities and communication skills.

INSTRUCTOR: Members of the Creative Voice Development Group in Albany, NY

PR 32184-1Z

Voice Coaches

26 Vly Rd.

Albany, NY 12205

July 18, 2023

1 Tuesday

Fee: \$25

6:30 p.m. – 9:00 p.m.

How to Start Any Home Business: 250 Business Ideas!

Taught by a Chamber of Commerce Past President and award-winning business owner, this comprehensive course will offer workshop-style information on more than 250 legitimate home business ideas, mandatory legal documentation, ways to market products and services, how to take tax deductions (this workshop included), and more.

INSTRUCTOR: LeeAnne Krusemark

PR 24103-1Z

Taught via Zoom

1 Tuesday

July 11, 2023

7:00 p.m. – 9:00 p.m.

Fee: \$45

To register, call **518.697.6370** or visit **columbiagreene.edu/continuingeducation**

CAREER DEVELOPMENT COURSES



How to Make Extra Cash Pet Sitting

Learn how to make extra money after school or work by watching dogs or other pets! Students will learn about feeding, watering, and exercising pets, as well as how to make a good impression and what questions to ask when interviewing for a pet sitting job. Students also will discover what to do when a dog has behavioral issues, and what other services they can offer to make more money, such as dog walking, grooming, and puppy training.

INSTRUCTOR: LeeAnne Krusemark

PR 72168-1Z
Taught via Zoom 1 Friday
July 14, 2023 7:00 p.m. – 9:00 p.m.
Fee: \$45

Make Money at Home with a Virtual Assistant or Word-Processing Business

Students will discover how and where to find clients, 50 ways to advertise and market services, effective home office equipment choices, and 100 ways to make money with a computer. These services are in demand, so learn to be your own boss, set your own hours, and make more money.

PREREQUISITE: How to Start Any Home Business: 250 Business Ideas!

INSTRUCTOR: LeeAnne Krusemark

PR 24104-1Z
Taught via Zoom 1 Tuesday
July 11, 2023 9:00 p.m. – 10:00 p.m.
Fee: \$25

Monetize Websites, Blogs, and Social Media with Affiliate Marketing

Earn a passive monthly income from selling other people's products by placing a merchant-provided advertisement link on your site and get a commission for every sale, click, or lead. Learn where to find 1000+ free and low-cost opportunities and how to avoid scams or links that won't offer a beneficial ROI (return on investment).

Learn how to find high, recurring, and second-tier commissions, along with SEO (search engine optimization) secrets to increase a site's ranking and visibility on platforms like Google.

INSTRUCTOR: LeeAnne Krusemark

PR 24246-1Z
Taught via Zoom 1 Thursday
July 13, 2023 6:00 p.m. – 7:00 p.m.
Fee: \$25

Notary Public Seminar

This seminar provides preparation for the New York State Notary Public Test. Topics include situations that a Notary Public may encounter including conflicts of interest, professional ethics, proper fees, special situations, when to defer to an attorney, and minimizing legal liability. All materials included. The link to schedule an exam is at exams@dos.ny.gov.

INSTRUCTOR: Steven E. Williams is a member of the American Society of Notaries as well as a practicing Mobile Notary, Mortgage Loan Signing Agent, and a New York State licensed Mortgage Loan Originator.

BU 68142-1Z
Taught via Zoom 1 Thursday
June 8, 2023 6:00 p.m. – 9:00 p.m.
Fee: \$69

BU 68142-2Z
Taught via Zoom 1 Thursday
July 13, 2023 6:00 p.m. – 9:00 p.m.
Fee: \$69

BU 68142-3Z
Taught via Zoom 1 Thursday
August 17, 2023 6:00 p.m. – 9:00 p.m.
Fee: \$69

💰 Workforce NY tuition funding available.
Call 518.697.6510.

COMMUNICATION SKILLS

Introduction to GMRS 2-Way Radio Communication *New!*

Learn the basics of 2-way radio communication in this two-hour workshop. GMRS (General Mobile Radio Service) is easy to learn and great for recreational, professional, and emergency communication between family, friends,

neighbors, personnel, and one's community. Information about radios, antennas, cables, and other gear will be provided along with time for hands-on operation and instruction on licensing. Students who already own GMRS radios should bring them to the workshop.

INSTRUCTOR: Alison Murphy, LAc., is a licensed acupuncturist, meditation coach, Chinese Medicine practitioner, tarot interpreter, palm analyst, sound healer, classical guitarist, and GMRS radio enthusiast.

SI 99377-1A
C-GCC – Room 612 1 Saturday
June 24, 2023 10:00 a.m. – Noon
Fee: \$15



Refresh Your Communication Skills

Is it time to refresh your oral communication skills? Learn how to start, sustain, and exit engaging conversations. Speak confidently on special occasions, while proposing a toast, making an apology, congratulating an achievement, offering condolences, and thanking someone. Build confidence by delivering one-minute impromptu talks. Explore the impact of active listening, barriers to communication, non-verbal communication, feedback, and storytelling. Types of speeches and the basic anatomy of a speech will be covered.

INSTRUCTOR: Cynthia White has been an active member of Taconic Toastmasters for five years, a magician's assistant, and lecturer on magic for 20+ years.

PR 72043-1A
Mountain Top Library
6093 Main St. 3 Thursdays
Tannersville, NY 12485 2:00 p.m. – 3:30 p.m.
Begins: July 20, 2023
Fee: \$60

💰 Workforce NY tuition funding available.
Call 518.697.6510.

To register, call **518.697.6370** or visit columbiagreene.edu/continuingeducation

CAREER DEVELOPMENT COURSES



Self-Compassion

When a friend is struggling, we know to offer them kind words and open hearts. But when faced with our own struggles, many people lack the language of self-compassion to have the same kindness for themselves. In this course, a small group of participants will hold sacred space for themselves and each other. Class sessions will include open discussions, guided meditations, light movement, and time for introspection and journaling. Participants will be given a workbook to complete outside of class.

INSTRUCTOR: Maya Greene has been teaching Communication Studies at Columbia-Greene Community College for 16 years. She is trained in Mindful Self-Compassion and has been leading women's circles and retreats in the Hudson Valley and Western Massachusetts for five years.

HE 72194-1A
C-GCC – Room 505
Art Center Dance Studio
May 20, 2023
Fee: \$90

1 Saturday
2:00 a.m. – 4:00 p.m.

COMPUTER SKILLS

Adobe Photoshop Level 1

This course is for new users of Adobe Photoshop who would like to edit and enhance photographs. Learn the essential concepts and get started in the workspace. With Photoshop, one can remove unwanted objects, correct poor lighting, and have fun by fixing messy hair and more. Students may turn photos into greeting cards and artwork by applying text, borders, and other decorations. Learn to scan old, damaged prints and restore them.

INSTRUCTOR: Dan Zunitch, a seasoned IT professional, owns Business Point Systems, a career training company providing technology education and high-value career skills to businesses and individuals for more than a decade.

CM 28368-1A
C-GCC – Room 111
Begins: June 10, 2023
Fee: \$120

2 Saturdays
9:00 a.m. – 12:30 p.m.

Computer Basics for Seniors Level 1

This course provides an introduction to computers for senior citizens. Starting with the very basics, students will learn essential skills and terminology that will unmask the mystery of the computer. Topics include using the mouse and keyboard, booting and logging in, finding and running programs, using the Internet, reading email, viewing photos, and learning about folders and files. Please bring email addresses and passwords to class. Students may bring their own laptops if they have their login ID and password. Please note the instructor cannot fix individual computer problems or find lost passwords during class.

INSTRUCTOR: Dan Zunitch

CM 28444-1A
C-GCC – Room 111
Begins: May 20, 2023
Fee: \$120

4 Saturdays
1:00 p.m. – 3:00 p.m.
No class June 3

Workforce NY tuition funding available.
Call 518.697.6510.

Create a Website with WordPress Level 1

In this course, students will build a live, working website using WordPress, one of the world's most popular platforms for web hosting and content management. Students will learn how WordPress works, how to use a hosting service, what tools are required to build and maintain a WordPress site, and more. Through a series of hands-on



exercises, students will install and configure the WordPress software; choose and configure a theme; create pages, posts, and menus; and enhance sites with widgets and plug-ins.

INSTRUCTOR: Dan Zunitch

CM 28462-1A
C-GCC – Room 111
Begins: July 15, 2023
Fee: \$120

2 Saturdays
9:00 a.m. – 12:30 p.m.

Workforce NY tuition funding available.
Call 518.697.6510.

Introduction to QuickBooks Online

This introductory course will cover the basic features in QuickBooks and how these features apply to best practice bookkeeping principles. This course will teach how to effectively and efficiently use QuickBooks to manage daily bookkeeping tasks and develop an understanding of how the data is entered, processed, and reviewed. Please note that this is an in-person class that covers the online version of QuickBooks.

INSTRUCTOR: Christina Mergendahl is an accounting professional with 20+ years of experience. She holds an MBA and while attaining her undergrad was named in the National Dean's list.

CM 28441-1A
C-GCC – Room 111
Begins: May 23, 2023
Fee: \$130

2 Tuesdays and 2 Thursdays
6:00 p.m. – 8:00 p.m.

CM 28441-2A
C-GCC – Room 111
Begins: August 8, 2023
Fee: \$130

2 Tuesdays and 2 Thursdays
6:00 p.m. – 8:00 p.m.

Workforce NY tuition funding available.
Call 518.697.6510.

Microsoft Excel Introduction

This class is an instructor-led training course for new users of Microsoft Excel who would like to create professional quality spreadsheets for business or personal applications. Participants will become familiar with the user interface and the ribbon; learn how to enter data and save a workbook; learn to create a basic spreadsheet; create and enter formulas to perform calculations, manipulate data, and apply formatting to modify a worksheet; print the contents of a workbook; and learn strategies for managing large workbooks.

INSTRUCTOR: Dan Zunitch

To register, call **518.697.6370** or visit **columbiagreene.edu/continuingeducation**

CAREER DEVELOPMENT COURSES

CM 28448-1A

C-GCC – Room 111
Begins: May 20, 2023
Fee: \$120

2 Saturdays
9:00 a.m. – 12:30 p.m.

§ Workforce NY tuition funding available.
Call 518.697.6510.

Personalized Computer Help

This is a unique opportunity to receive personal, one-on-one instruction and assistance with computer questions. Students will sign up for a one-time slot, where they will be able to ask questions and receive help specific to their needs. Students may bring a laptop or use the computers available in the classroom. Topics include general computer questions; email; using the internet; building websites; streaming; Excel; Photoshop; video editing; managing files; getting started with an application; and more. Students must have basic knowledge of their applications. **Windows computers only**; no Macs, Chromebooks, tablets, or cell phones.

INSTRUCTOR: Dan Zunitch

CM 28480-1A

C-GCC – Room 111
June 24, 2023
Fee: \$85 (per time slot)

1 Saturday
9:00 a.m. – 10:45 a.m.
11:00 a.m. – 12:45 p.m.
1:00 p.m. – 2:45 p.m.
3:00 p.m. – 4:45 p.m.

ESL AND LEARNING SUCCESS

ESL Bridge-to-College

Columbia-Greene's ESL Bridge-to-College is an intensive, non-credit course that helps non-native students learn intermediate to advanced English language skills required for success in college and beyond. Students receive college-level skills preparation in grammar, reading, writing, listening, and speaking. Supplemental opportunities in the college's Student Success Center augment the core classroom instruction. This class will be offered in the hybrid format with Monday classes taught on campus and Thursday classes taught online via Zoom.

INSTRUCTOR: Eileen Ordu

SI 99345-1Z

C-GCC – Room 113A and Zoom
Begins: May 15, 2023
Fee: \$15

Mondays and Thursdays
6:00 p.m. – 9:00 p.m.

HEALTH PROFESSIONALS

Standard First Aid/CPR/AED Course

This American Heart Association Standard First Aid Course provides individuals with the knowledge and skills necessary to recognize and provide basic care for injuries and sudden illnesses until medical personnel arrive. The course covers all required topics such as recognizing emergencies, prioritizing care, rescue breathing, Adult CPR, and wounds. The American Heart Association First Aid/CPR certificate exam is administered at the end of the class. The certification earned for this course is valid for two years. **This class is not for professional recertification for EMT First Responders.**

INSTRUCTOR: Stacy Collier-Deieso, MA, is an Adjunct Instructor at Columbia-Greene Community College.

HE 36239-1A

C-GCC – Room 124
July 19, 2023

1 Wednesday
5:00 p.m. – 9:50 p.m.

Fee: \$85

§ Workforce NY tuition funding available.
Call 518.697.6510.



Basic Life Support for Healthcare Professionals

Receive or renew your Basic Life Support certification in one evening. This course is appropriate for healthcare professionals, nursing students, and anyone in need of certification.

INSTRUCTOR: Stacy Collier-Deieso

HE 36302-1A

C-GCC – Room 124
July 20, 2023

1 Thursday
5:00 p.m. – 9:50 p.m.

Fee: \$85

§ Workforce NY tuition funding available.
Call 518.697.6510.

SECURITY GUARD TRAINING

8-Hour Pre-Assignment Training Course for Security Guards

Prior to obtaining a security officer's license in New York State, students must attend and pass this course. Topics covered include the role of the security guard, legal powers and limitations, emergency situations, access control and identification, public relations and communication, ethics, and conduct.

INSTRUCTOR: William DeLuca served as a police officer for 21 years and is certified as a Master and General Topics Instructor by the New York State Bureau for Municipal Police. He is also a retired Assistant Professor of Criminal Justice at Columbia-Greene Community College.

PR 68333-1A

C-GCC – Room 136
May 27, 2023
Fee: \$90

1 Saturday
8:00 a.m. – 4:00 p.m.

PR 68333-2A

C-GCC – Room 136
August 12, 2023
Fee: \$90

1 Saturday
8:00 a.m. – 4:00 p.m.

§ Workforce NY tuition funding available.
Call 518.697.6510.

Annual In-Service Training Course for Security Guards

This eight-hour mandated in-service training course is for all security guards in New York State and must be completed on a calendar-year basis for each year succeeding the completion of the mandated 16-hour On-the-Job Training Course for Security Guards. Topics covered include the role of a security guard, legal powers and limitations, emergency situations, communications and public relations, access control, report writing, ethics and conduct, and elective topics.

INSTRUCTOR: William DeLuca

PR 68424-1A

C-GCC – Room 136
July 29, 2023
Fee: \$90

1 Saturday
8:00 a.m. – 4:00 p.m.

§ Workforce NY tuition funding available.
Call 518.697.6510.

To register, call **518.697.6370** or visit columbiagreene.edu/continuingeducation

PERSONAL ENRICHMENT COURSES

Summer 2023

DOG TRAINING *NEW!*

Obedience Level 1

This course provides an introduction to obedience training. Please note that success is based on how well participants work on the content at home with their dogs. Topics and commands covered include leash manners (informal heel), formal heel, sit and sit stay, down and down stay, place, recall, climb, and leave it/okay. Advanced challenges will be provided for dogs who may already have familiarity with some of the commands. Additional information will be provided upon registration.

INSTRUCTORS: Danyelle and Jerry of Specter K9 have been training dogs for nearly a decade and are dedicated to helping owners build better relationships with their dogs. They offer clients their expertise in puppy rearing, basic obedience, advanced obedience, behavior modification/aggression management, personal protection, and service dog training.

SI 99061-1A

C-GCC – Student Center

6 Mondays

Begins: May 15, 2023

5:30 p.m. – 7:30 p.m.

Fee: \$465



FIBER ARTS

Beginner Basic Quilt Class

Students construct basic quilt blocks and create a sampler quilt. By making a variety of blocks, students learn different piecing techniques and the important steps necessary to construct a beautiful quilt. A sewing machine with manual and instructions are required.

INSTRUCTOR: Mary Ann Peters is an experienced quilter.

AR 08616-1A

C-GCC – Room 105

6 Mondays

Begins: May 15, 2023

6:00 p.m. – 8:00 p.m.

Fee: \$60

No class May 29



Botanical Embroidery *New!*

By mastering just a few easy stitches, students will have the skills to create original works of botanical art like wildflowers, herbs, mushrooms, and houseplants. No experience is necessary, but if students have some embroidery skills already, the instructor will teach intermediate stitches and techniques.

INSTRUCTOR: Make Workshop founder Diana Rupp, author of *Sew Everything Workshop* (Workman)

AR 44369-1A

C-GCC – Staff Cafeteria

1 Saturday

August 5, 2023

1:00 p.m. – 3:00 p.m.

Fee: \$110 (includes supplies)



Bundle Dyeing *New!*

Bundle dyeing is an innovative process that bypasses the need for the dye pot, allowing for the direct transfer of natural dyes and their herbal qualities into cloth. In this workshop, students will learn the basics of natural dyeing, including how to prepare fabric and use local ethically foraged plants, flowers, and food scraps, as dye material.

INSTRUCTOR: Diana Rupp

AR 44368-1A

C-GCC – Room 706

1 Saturday

June 17, 2023

10:00 a.m. – 1:00 p.m.

Fee: \$100 (includes supplies)

Indigo Dyeing: Shibori and More

In this class, students will learn a variety of dyeing techniques including Shibori, the Japanese resist-dyeing technique that involves twisting cloth and binding it to create a vast array of patterns on fabric. The class fee includes three items for students to take home. Things may get messy, so wear okay-to-mess clothes or bring an apron or smock!

INSTRUCTOR: Diana Rupp

AR 44358-1A

C-GCC – Room 509

1 Sunday

July 16, 2023

1:00 p.m. – 4:00 p.m.

Fee: \$100 (includes supplies)

Introduction to Needlepoint

If you've been wanting to try your hand at needlepoint--or need a refresher--this is the class for you! Learn a few basic stitches and the best tools and supplies, plus tips and tricks for getting original designs onto canvas and successfully completing a pre-packaged kit included in fee.

INSTRUCTOR: Diana Rupp

AR 08006-1A

C-GCC – Staff Cafeteria

1 Saturday

August 5, 2023

10:00 a.m. – Noon

Fee: \$60 (includes supplies)

To register, call **518.697.6370** or visit **columbiagreene.edu/continuingeducation**

PERSONAL ENRICHMENT COURSES

DRAWING AND PAINTING

Create in Watercolor *New!*

Find your inner watercolorist while making note cards and postcards. In this four-week course, students will explore color mixing and matching, composition, a little art history, watercolor techniques and tricks, and basic drawing. Engage in a variety of fun exercises while building skills and confidence. Homework will be encouraged if students have the time. Every level of skill is welcomed and encouraged.

INSTRUCTOR: Karen Martin has a degree in art and design from Long Island University and worked in advertising and production for ten years. She teaches regularly at the Art School of Columbia County.

AR 16079-1A
C-GCC – Room 509
Begins: June 1, 2023
Fee: \$75

4 Thursdays
1:00 p.m. – 3:30 p.m.



Drawing from Life

In this class, students will develop their hand-eye coordination, focusing on really seeing what's in front of them. Line, mass, light source, and the use of negative space will be explored in a variety of exercises. Students will work with a range of mediums to enable the development of a full complement of techniques. (Model fee included.)

INSTRUCTOR: Luis Macia is an accomplished artist originally from New York City. He was an apprentice to the noted watercolorist Irwin Greenberg, as well as the social realist, Max Ginsburg. Macia's work has appeared in solo and group shows in New York City and the Hudson Valley.

AR 16164-1A
C-GCC – Room 509
Begins: May 16, 2023
Fee: \$139

6 Tuesdays
6:00 p.m. – 8:30 p.m.

AR 16164-2A
C-GCC – Room 509
Begins: July 11, 2023
Fee: \$139

6 Tuesdays
6:00 p.m. – 8:30 p.m.

The Figure in Color

To bring the figure to life, students will use pastels and/or watercolors to study and capture line, form, mass, light, and negative space. Instruction will begin with surface preparation, broadly blocking in the figure to create a fully realized composition. Techniques for watercolor and pastel will include blending, layering, color mixing, lifting, working wet on wet, and selecting and using brush and paper. Teaching methods will include instruction, demonstration and individualized attention and support through the process. (Model fee included.)

INSTRUCTOR: Luis Macia

AR 16422-1A
C-GCC – Room 509
Begins: May 17, 2023
Fee: \$139

6 Wednesdays
6:00 p.m. – 8:30 p.m.

AR 16422-2A
C-GCC – Room 509
Begins: July 12, 2023
Fee: \$139

6 Wednesdays
6:00 p.m. – 8:30 p.m.

Hudson Valley Plein Air *New!*

Let the great outdoors be your studio! In this class, students will use pastels, watercolors, or oils to capture the beauty of the Hudson Valley. Instruction will begin with surface preparation, broadly blocking in the scene through creating a fully realized composition. A strong emphasis will be placed on color, structure, composition, and capturing the ever-changing natural light. Techniques include blending, layering, color mixing, lifting, working wet on wet, glazing, and selecting and using brush and paper. Teaching methods will include instruction, demonstration, individualized attention, and support through the process.

INSTRUCTOR: Luis Macia

AR 44367-1A
C-GCC – Room 509
Begins: May 17, 2023
Fee: \$85

6 Wednesdays
9:00 a.m. – Noon

AR 44367-2A
C-GCC – Room 509
Begins: July 12, 2023
Fee: \$85

6 Wednesdays
9:00 a.m. – Noon



Master the Techniques of Drawing

From the beginner to advanced student, this drawing course, through lectures, demonstrations, assignments, and individual instruction, will help students build the confidence and skills needed to become a proficient draftsman. If students are interested in casual drawing, improving their fundamental designs for painting, or improving their visual communication at the workplace, they will find these time-tested methods invaluable. The materials list will be sent upon registration.

INSTRUCTOR: Robert A. Lahm is a graduate of the Newark School of Fine and Industrial Arts (Advertising Design and Illustration) and Montclair Art Museum School.

AR 16466-1A
C-GCC – Room 509
Begins: May 21, 2023
Fee: \$139

6 Sundays
9:00 a.m. – Noon

AR 16466-2A
C-GCC – Room 509
Begins: July 16, 2023
Fee: \$139

6 Sundays
9:00 a.m. – Noon

Renaissance Style of Portrait Painting

Working with classic portraits from the Renaissance to the Romantic Periods, students will learn the basics of how to build an accurate drawing. Students will begin with the Brunaille Technique (monochromatic in browns) to achieve the under painting. Flesh tone areas will

To register, call **518.697.6370** or visit columbiagreene.edu/continuingeducation

PERSONAL ENRICHMENT COURSES

be enhanced using the popular period “dead layer” (Verdaccio – a green tint used to achieve realistic flesh tones), and finally, students will learn how to properly mix, apply, and lay color glazes. This class features demonstrations and individual instructions and is for beginners through advanced students working in oils. The materials list will be sent upon registration.

INSTRUCTOR: Robert A. Lahm

AR 16460-1A

C-GCC – Room 509
Begins: May 20, 2023
Fee: \$139

6 Saturdays
1:00 p.m. – 4:00 p.m.

AR 16460-2A

C-GCC – Room 509
Begins: July 15, 2023
Fee: \$139

6 Saturdays
1:00 p.m. – 4:00 p.m.

Studio Painting – Oil/Acrylic/Watercolor

This class is for the beginner and intermediate painter alike. In addition to painting a still life, students should bring multiple photographs to class from which they will create a unique painting. Combine landscape photos with structures, wildlife, people, vehicles, and the like. Meld great photos of pets and/or people into a group portrait – only one’s imagination will limit the creation. A finished painting, suitable for framing, is the goal of this class. The materials list will be sent upon registration. Students should be ready to start painting at the first class.

INSTRUCTOR: Robert A. Lahm

AR 16257-1A

C-GCC – Room 509
Begins: May 20, 2023
Fee: \$139

6 Saturdays
9:00 a.m. – Noon

AR 16257-2A

C-GCC – Room 509
Begins: July 15, 2023
Fee: \$139

6 Saturdays
9:00 a.m. – Noon



ARTS AND CRAFTS

Landscape Photography in the Catskills

In this class, students will receive hands-on instruction with camera settings, lenses, filters, exposures, and more, while hiking to a waterfall and/or a panoramic overlook. Following the hike, students will review and discuss their images at the Mountain Top Library in Tannersville. Class will meet at 8:00 a.m. at the Mountain Top Library. Please bring a bagged lunch. Students should feel comfortable with Manual Exposure. An SLR or Mirrorless Camera, and a tripod, are recommended but not required.

INSTRUCTOR: Francis X. Driscoll is an award-winning nature photographer and mountaintop resident whose work has appeared in many publications.

AR 16454-1Z

Mountain Top Library
6093 Main St.
Tannersville, NY 12485
June 10, 2023
Fee: \$90

1 Saturday
8:00 a.m. – 4:00 p.m.



Let’s Make a Wreath

Come join us to create a beautiful summer masterpiece for your front porch or to give as a gift. Make it a fun friend’s night; students will go home with what they create! All supplies included.

INSTRUCTOR: Christina Mergendahl owns Crafted by Chrissy Creations and has been an avid crafter for many years.

AR 08553-1A

C-GCC – Room 105
June 13, 2023
Fee: \$50

1 Tuesday
6:00 p.m. – 8:00 p.m.



BOATING

Adult Learn-to-Sail, Basic Keelboat

The Basic Keelboat graduate will successfully demonstrate the ability to responsibly skipper and crew on larger sail boats. Instructors are U.S. Sailing-certified and hold certificates in first aid and CPR. The class, with a maximum 4:1 student to instructor ratio, will use the *Basic Keelboat* textbook (ISBN 978-1938915062) and will be taught primarily on the water aboard keelboats between 18 and 27 feet in length. Students must be 18 years of age and able-bodied. Class will meet from 6:00 p.m. to 9:00 p.m. on Fridays and 9:00 a.m. to 5:00 p.m. on Saturdays. Please note: in the event of insufficient wind, CYC will offer one make-up day on May 21, 2023.

INSTRUCTOR(S): U.S. Sailing Association Certified Instructors provided by the Chelsea Yacht Club.

BO 99280-1Z

Chelsea Yacht Club
8 Front Street
Wappingers Falls, NY
Begins: May 12, 2023
Fee: \$500

2 Fridays and 2 Saturdays

BUSINESS

Earn Extra Money Mystery Shopping

See page 4 for class description.

PR 24243-1Z

Taught via Zoom
July 11, 2023
Fee: \$25

1 Tuesday
6:00 p.m. – 7:00 p.m.

To register, call **518.697.6370** or visit **columbiagreene.edu/continuingeducation**

PERSONAL ENRICHMENT COURSES

How to Start Any Home Business: 250 Business Ideas!

See page 4 for class description.

PR 24103-1Z

Taught via Zoom
July 11, 2023

1 Tuesday
7:00 p.m. – 9:00 p.m.

Fee: \$45

Getting Paid to Talk

See page 4 for class description.

PR 32184-1Z

Voice Coaches
26 Vly Rd.
Albany, NY 12205
July 18, 2023

1 Tuesday
6:30 p.m. – 9:00 p.m.

Fee: \$25

How to Make Extra Cash Pet Sitting

See page 5 for class description.

PR 72168-1Z

Taught via Zoom
July 14, 2023

1 Friday
7:00 p.m. – 9:00 p.m.

Fee: \$45

Make Money at Home with a Virtual Assistant or Word-Processing Business

See page 5 for class description.

PR 24104-1Z

Taught via Zoom
July 11, 2023
Fee: \$25

1 Tuesday
9:00 p.m. – 10:00 p.m.

Monetize Websites, Blogs, and Social Media with Affiliate Marketing

See page 5 for class description.

PR 24246-1Z

Taught via Zoom
July 13, 2023
Fee: \$25

1 Thursday
6:00 p.m. – 7:00 p.m.



COMMUNICATION SKILLS

Introduction to GMRS 2-Way Radio Communication *New!*

See page 5 for class description.

SI 99377-1A

C-GCC – Room 612
June 24, 2023

1 Saturday
10:00 a.m. – Noon

Fee: \$15

Self-Compassion

See page 6 for class description.

HE 72194-1A

C-GCC – Room 505
Art Center Dance Studio
May 20, 2023

1 Saturday
10:00 a.m. – 4:00 p.m.

Fee: \$90

Refresh Your Communication Skills

See page 5 for class description.

PR 72043-1A

Mountain -Top Library
6093 Main St.
Tannersville, NY 12485
Begins: July 20, 2023

3 Thursdays
2:00 p.m. – 3:30 p.m.

Fee: \$60

Workforce NY tuition funding available.
Call 518.697.6510.

COMPUTER SKILLS

Adobe Photoshop Level 1

See page 6 for class description.

CM 28368-1A

C-GCC – Room 111
Begins: June 10, 2023
Fee: \$120

2 Saturdays
9:00 a.m. – 12:30 p.m.

Computer Basics for Seniors Level 1

See page 6 for class description.

CM 28444-1A

C-GCC – Room 111
Begins: May 20, 2023
Fee: \$120

4 Saturdays
1:00 p.m. – 3:00 p.m.
No class June 3

Workforce NY tuition funding available.
Call 518.697.6510.

Create a Website with WordPress Level 1

See page 6 for class description.

CM 28462-1A

C-GCC – Room 111
Begins: July 15, 2023
Fee: \$120

2 Saturdays
9:00 a.m. – 12:30 p.m.

Workforce NY tuition funding available.
Call 518.697.6510.

Introduction to QuickBooks Online

See page 6 for class description.

CM 28441-1A

C-GCC – Room 111
Begins: May 23, 2023
Fee: \$130

2 Tuesdays & 2 Thursdays
6:00 p.m. – 8:00 p.m.

CM 28441-2A

C-GCC – Room 111
Begins: August 8, 2023
Fee: \$130

2 Tuesdays & 2 Thursdays
6:00 p.m. – 8:00 p.m.

Workforce NY tuition funding available.
Call 518.697.6510.



Microsoft Excel Introduction

See page 6 for class description.

CM 28448-1A

C-GCC – Room 111
Begins: May 20, 2023
Fee: \$120

2 Saturdays
9:00 a.m. – 12:30 p.m.

Workforce NY tuition funding available.
Call 518.697.6510.

To register, call **518.697.6370** or visit columbiagreene.edu/continuingeducation

PERSONAL ENRICHMENT COURSES

Personalized Computer Help

See page 7 for class description.

CM 28480-1A

C-GCC – Room 111
June 24, 2023
June 24, 2023
June 24, 2023
June 24, 2023
Fee: \$85 (per time slot)

1 Saturday
9:00 a.m. – 10:45 a.m.
11:00 a.m. – 12:45 p.m.
1:00 p.m. – 2:45 p.m.
3:00 p.m. – 4:45 p.m.



DANCE

Belly Dance Spirit

Traditional belly dance for beginners and experienced dancers. Music inspires four classes for students to develop their own dance personality. Focus is on dancing in a small space; improvising variations of torso, arm, and hand movements; travel steps; and spins. All are welcome. Wear stretchy, exercise clothing or belly dance clothes if you have them - no jeans, please. Dance shoes or socks are required.

INSTRUCTOR: Donna Barrett is an experienced and regionally recognized belly dance instructor. She recently has performed locally with the Hudson Festival Orchestra and at Hudson Hall for Winter Walk.

DA 57001-1A

C-GCC Room 500
Art Center Theater
Begins: July 10, 2023
Fee: \$50

4 Mondays
6:00 p.m. – 7:30 p.m.

Fusion Groove Movement Class

Experience a truly unique dance class that fuses different dance styles from around the world! Laugh, smile, and sweat while learning combinations that blend the dance styles of India, West Africa, Spain, Latin America, and the United States. This class welcomes people of all fitness levels, and even those who have no formal



dance training will have a great time! Please note that this class can be attended either virtually or in-person.

INSTRUCTOR: Anna Mayta has been a dance improviser, choreographer, and instructor for more than 15 years. She currently directs her own dance company, Mayta Fusion Dance, located in the Hudson Valley.

DA 57003-1A

C-GCC – Room 505
Art Center Dance Studio
Begins: May 17, 2023
Fee: \$80

6 Wednesdays
7:00 p.m. – 8:00 p.m.

DEFENSIVE DRIVING

Defensive Driving

Students who complete this course will qualify for a reduction of up to four points from their driving record for violations received during the 18 months prior to completing the course and will become eligible for a minimum insurance reduction of 10%. Students may repeat this course every 18 months for point reduction only. Offered in cooperation with the NYS Department of Motor Vehicles, the NYS Department of Insurance, and the Empire Safety Council. Class begins promptly at 9 a.m.



INSTRUCTORS: Victor Bujanow and Deborah Harpine are certified by the Empire Safety Council.

DD 68057-1A

C-GCC – Room 612
June 10, 2023
Fee: \$45

1 Saturday
9:00 a.m. – 3:15 p.m.

DD 68057-2A

C-GCC – Room 612
July 15, 2023
Fee: \$45

1 Saturday
9:00 a.m. – 3:15 p.m.

DD 68057-3A

C-GCC – Room 612
August 12, 2023
Fee: \$45

1 Saturday
9:00 a.m. – 3:15 p.m.

ESL AND LEARNING SUCCESS

ESL Bridge-to-College

See page 7 for class description.

SI 99345-1Z

C-GCC – Room 113A & Zoom
Begins: May 15, 2023
Fee: \$15

Mondays & Thursdays
6:00 p.m. – 9:00 p.m.

GENERAL INTEREST



A Celebration of the Solstice: Art, Tradition, and Astronomy

Join the instructors for an evening filled with ancient traditions and stories, with a touch of astronomy. Get inspired to capture the magnificence of the sun through the glass etching and seed sowing processes. Our journey will begin with the creation myth of the Western Pueblo tribes and their fascination with heliotropism.

To register, call **518.697.6370** or visit columbiagreene.edu/continuingeducation

PERSONAL ENRICHMENT COURSES

Students will continue with a virtual tour of Stonehenge, Newgrange, and Mnajdra at the solstice while sharing poetry and legends from across the globe. Become a celebrant of the sun by creating a keepsake to enjoy throughout the summer. Students will select one etching project – new stencils available for repeat participants.

INSTRUCTORS: Kelly Ann Radzik and Christina Mergendahl

SI 99003-1A
C-GCC – Room 706

1 Wednesday

June 21, 2023
Fee: \$50

6:00 p.m. – 8:00 p.m.

Develop Your Intuitive Skills

Like a muscle, intuition needs exercise to become strong, flexible, and reliable. In this class, the instructor will help students learn how to get in touch with their intuition and guide them along the path to developing it. Intuition is an important resource in business and personal life. The class will offer a guided imagery exercise for students to “meet” their intuition. By the end of the evening, students will be doing intuitive readings for each other! Bring a notebook and an open mind.

INSTRUCTOR: Prudence Mohr, Certified Tarot Master/Instructor (Certified by the Tarot Certification Board)

SI 99254-1A
C-GCC – Room 132
May 15, 2023
Fee: \$30

1 Monday
6:30 p.m. – 8:30 p.m.

Exploring Olana: Naturalistic Landscape Design and Historic House Interiors

On this tour, Glenda Berman will share her extensive knowledge of Olana’s artist-designed landscape, while comparing the naturalistic landscape with Olana’s Mingled Flower Garden. While walking along a one-mile carriage road designed by landscape artist, landscape designer, and environmental visionary Frederic Church, Berman will explore various soil types, the importance of native flora and pollinators, and more. The tour will culminate in a 45-minute tour of the Main House at Olana.

INSTRUCTOR: Glenda Berman is a Cornell Cooperative Extension Master Gardener with a BA in Environmental Science from SUNY Purchase. Berman has worked for more than 30 years promoting ecological awareness and nature appreciation in community groups and

schools. Glenda also partners with the Columbia Land Conservancy and is a Landscape and Historic House Guide at Olana.

SI 99373-1Z
Olana State Historic Site
5720 State Route 9G
Hudson, NY 12534
May 20, 2023
Fee: \$35

1 Saturday
1:00 p.m. – 3:30 p.m.



Introduction to Astrology

This course introduces beginners to the complex study of astrology using the birth chart. Students will begin by orienting themselves with the birth chart and introducing the concept of archetypes and their importance in the study of astrology. The course will cover all the basic building blocks of a birth chart and the instructor will use astrologically inspired art to create a more immersive experience as students learn about the different elements and energies in astrology. Class will meet Wednesday and Saturday for four weeks.

INSTRUCTOR: Isabel Romero is a self-taught student of astrology for five years and currently offers astrological consultations professionally. She also has taught American History, Ancient Roman History, Arabic, and Drawing.

SI 99268-1Z
Mountain Top Library
6093 Main St.
Tannersville, NY 12485
4 Wednesdays
4 Saturdays
Fee: \$160

Begins: May 31, 2023
3:00 p.m. – 4:30 p.m.
10:00 a.m. – 11:30 a.m.

Relative(ly) Speaking: Recording Family Oral Histories and Stories

Learn how to interview family, friends, and neighbors, and capture archival-quality audio recordings of their life stories. In this course, students will learn interview techniques, including how to put their interviewee at ease, and how to choose a microphone, from cell phones through professional quality devices. Using recordings from class, students will learn how to remove extraneous content and format files for easy sharing and archival storage.

INSTRUCTOR: Brett Barry is an audio producer and owner of Silver Hollow Audio, which specializes in spoken-word recordings. He teaches digital media production at SUNY New Paltz and is the producer and host of the award-winning Catskills podcast, *Kaatscast*.

SI 99374-1Z
Mountain Top Library
6093 Main St.
Tannersville, NY 12485
July 10, 2023
Fee: \$45

1 Monday
1:00 p.m. – 4:00 p.m.



Tarot in Your Life

Throughout this class, students will explore the fascinating world of the Tarot. Various Tarot decks will be examined to discover the many interpretations of characters and symbols. A short history of the Tarot also will be discussed. The class will culminate in students completing sample readings for each other to further develop their relationship with the Tarot cards. Please note that a Rider Waite Tarot Deck is required for the class and must be purchased ahead of time. Students also should bring pen and paper for note taking.

INSTRUCTOR: Prudence Mohr

SI 99365-1A
C-GCC – Room 132
Begins: June 6, 2023
Fee: \$90

4 Tuesdays
6:30 p.m. – 8:30 p.m.

To register, call **518.697.6370** or visit columbiagreene.edu/continuingeducation

PERSONAL ENRICHMENT COURSES

Venusian Energy Workshop *New!*

Join us in this experiential workshop to encourage participants to become in tune with their own Venusian energy. Students will discuss the archetype and energy of Venus from a historical and astrological perspective, as well as what types of colors, fragrances, flavors, and items were traditionally associated with Venus. Art making and different forms of playful exploration will further inspire participants' Venusian energy to awaken and be seen.

INSTRUCTOR: Isabel Romero

SI 99376-1Z

Mountain Top Library
6093 Main St.
Tannersville, NY 12485
August 12, 2023
Fee: \$25

1 Saturday
1:00 p.m. – 3:00 p.m.



HEALTH AND MOVEMENT

Awareness Through Movement®: The Feldenkrais Method®

Verbally guided movement lessons using gravity, breath and the imagination. The lessons are novel, gentle, and slow-paced, fostering self-discovery, ease, articulation, and coordination. They are helpful for most everyone including artists, athletes, and those recovering from injury, serving as a bridge to doing more of what you want to be doing. Lessons take place lying down, but may incorporate sitting, kneeling, and standing.

Instructor: Debra Wanner, a performing artist and a Certified Feldenkrais Practitioner in Catskill, NY, has been helping people move since 2003.

HE 72193-1A

C-GCC – Room 505
Begins: July 15, 2023
Fee: \$90

6 Saturdays
9:00 a.m. – 10:00 a.m.



Intro to Golf

Learn the basics of golf and feel comfortable on the course this summer! Intro to Golf will focus on mastering the basics and learning proper grip, posture, alignment, and ball position with each club. Students will understand the rules, history, and etiquette of the game. Content will focus on full swing fundamentals, understanding the positions of the swing, when to use the right club, and driving with authority. The class will include a short game session and an open forum to review any segment of the game.

INSTRUCTOR: Lucas Cohen, PGA Professional, has been teaching for more than 20 years.

PH 62249-1Z

NY Golf Park
5490 Route 9H
Hudson, NY 12534
Begins: June 1, 2023
Fee: \$185

4 Thursdays
5:30 p.m. – 7:00 p.m.

Fundamentals of Golf

This introductory course covers the basics from tee to green. Learn the fundamentals of the golf swing and gain an understanding of the various clubs. The class starts with how and when to hit with a driver, fairway woods, and irons, followed by pitching and chipping usage, and technique. The final session will offer guidance on putting technique, alignment, and green reading. This class will benefit golfers of any skill level.

INSTRUCTOR: Gerard Ecker, United States Golf Teachers Federation (USGTF), has been a Level 3 Golf Instructor since 2010 and an instructor at Thunderhart Golf Course and Sunnyhill Resort and Golf Course for 12 years.

PH 62051-1A

Thunderhart Golf Course
2740 County Rd 67
Freehold, NY 12434
Begins: July 6, 2023
Fee: \$120

4 Thursdays
5:30 p.m. – 7:30 p.m.



Pilates Mat Class

When it comes to Pilates, mat work is a great place to begin and learn the basics. All of the fundamental movements and Pilates exercise principles are incorporated in the mat exercises that accommodate any fitness level. These exercises will help build strength and confidence in the Pilates method. Improve strength, flexibility, balance, and posture by incorporating floor-based Pilates movements that stimulate the deep "core" muscles of hips, abdomen, lower back, and spine. Focus will be on breathing and improving mental clarity.

INSTRUCTOR: Suzanne Hazelton is a Certified Instructor for Body Be Well Pilates in Catskill, NY.

HE 62310-1A

C-GCC – Room 612 or Zoom
Begins: May 15, 2023
Fee: \$75

5 Mondays
6:00 p.m. – 7:00 p.m.
No class May 29

Tai Chi and Qigong

Learn the FUNdamentals of Qigong and weave them into a moving form of Qigong known as Tai Chi. Two forms will be taught. The first is adapted from more traditional forms to make it simpler and easier to learn and the second is called the Five Element Form and is more spontaneous and playful.

To register, call **518.697.6370** or visit **columbiagreene.edu/continuingeducation**

PERSONAL ENRICHMENT COURSES

INSTRUCTOR: David Haines has been a teacher of Qigong and Tai Chi for 40 years. He has also been a practitioner of the Trager® Approach to Movement for 35 years.

HE 62293-1A

C-GCC – Student Center

4 Wednesdays

Begins: July 12, 2023

5:00 p.m. – 6:00 p.m.

Fee: \$40

Tai Chi and Qigong for Everyday Life

Tai Chi and Qigong are well established and proven ways to maintain and improve quality of life. Through easily acquired exercises, students will learn to create better balance, reduce stress, and find a greater sense of ease in their movements. Additionally, this class will emphasize how, by using the principles behind these practices, students can learn to integrate them into their everyday lives.

INSTRUCTOR: David Haines

HE 72191-1A

C-GCC – Student Center

6 Wednesdays

Begins: May 17, 2023

5:00 p.m. – 6:00 p.m.

Fee: \$60



HOME LIVING

Beginner Cookie Decorating

Students interested in working with royal icing, or who have dabbled just a little, are encouraged to get the ball rolling in this exciting class! Step-by-step instructions will be provided and five (5) cookie designs will keep things rolling in each class. Students will take home their cookies, the instructor's icing recipe, a sugar cookie recipe, decorating tool, cookie cutter, and a packet of sprinkles/decorations. Open to ages 10 and up.



INSTRUCTOR: Cindy Burek has been teaching cookie decorating classes for seven years at local businesses and hotels, in addition to other local community colleges. She owns Buttercup Cookie (www.buttercupcookie.com).

SI 99368-1A Under the Sea Theme

C-GCC – Staff Cafeteria

1 Thursday

June 8, 2023

6:00 p.m. – 8:00 p.m.

Fee: \$65

SI 99368-2A Summer Fun in the Sun Theme

C-GCC – Staff Cafeteria

1 Tuesday

July 18, 2023

6:00 p.m. – 8:00 p.m.

Fee: \$65

Livestock Lessons: Sound Herd Management and Sustainability

Raising and working with livestock requires a high degree of planning, flexibility, and organization. If you are currently raising a herd of any size, hoping to start raising farm animals, or would like to take your farm to the next level, then this is the course for you. Course content will include large animal management, handling and care, fencing and containment solutions, equipment options, safety guidelines, pasture and crop rotation, sustainability, animal nutrition, agronomics, and other region-specific considerations.

INSTRUCTOR: Nicole Childrose, PhD, has owned, operated, and consulted for small farms, horse boarding facilities, and animal rescues, and has diversified operations with livestock, poultry, and ultra-niche crops. She also is an Associate Professor of History and Division Co-Chair of the Technical Professions at Columbia-Greene Community College.

SI 99370-1Z

Taught via Zoom

June 8, 2023

Fee: \$55

1 Thursday

6:00 p.m. – 8:30 p.m.

💰 Workforce NY tuition funding available.
Call 518.697.6510.

LANGUAGES

Basic Conversational American Sign Language (ASL) Level 1

In this exciting offering, students will learn basic conversational phrases, sentence structure, vocabulary, numbers, and the manual alphabet. Also covered will be Deaf history and the uniqueness and beauty of Deaf culture.

INSTRUCTOR: Diane Barkstrom has been teaching for 28 years at many different levels and institutions, and is currently an adjunct faculty member at Columbia-Greene Community College. She is a member of the ASL Teacher's Association and holds a National Interpreter Certification.

LA 44479-1A

C-GCC – Room 136

6 Tuesdays

Begins: May 16, 2023

5:00 p.m. – 6:00 p.m.

Fee: \$130

💰 Workforce NY tuition funding available.
Call 518.697.6510.



Survival Japanese

Learn essential Japanese key words and phrases for personal enrichment, travel, or just plain fun. Throughout this six-week course, students will learn Japanese phrases for greetings, a self-introduction, shopping, and ordering food at restaurants. Students will practice speaking with interactive exercises and authentic dialogues, and will learn about Hiragana, the Japanese writing system, and Japanese culture.

To register, call **518.697.6370** or visit columbiagreene.edu/continuingeducation

PERSONAL ENRICHMENT COURSES

INSTRUCTOR: Rika Kobayashi, MA, graduated from Columbia University Graduate School and has licenses to teach Japanese and English. She has been a Japanese-language lecturer for undergraduate students and has taught at the secondary level in Japan.

LA 44466-1Z

Taught via Skype Meet Now **6 Mondays**
Begins: May 22, 2023 **5:00 p.m. – 6:15 p.m.**
Fee: \$125

Conversational Japanese - Beginner 1

Throughout this course, students will learn new phrases and vocabulary, study reading and writing Hiragana, and learn more about Japan's unique culture! Acquire essential Japanese key words and phrases for personal enrichment or just plain fun. Students will practice speaking with drills, interactive exercises, and dialogues, and will learn lessons 1-6. Students who have studied Japanese previously and are looking to brush up their conversation skills are highly recommended to start with this class, as the focus will be on speaking practice.

INSTRUCTOR: Rika Kobayashi

LA 44476-1Z

Taught via Skype Meet Now **6 Mondays**
Begins: May 22, 2023 **6:30 p.m. – 7:45 p.m.**
Fee: \$125

Conversing in Spanish

This offering is an introduction to Spanish and will emphasize how a person initiates language and responds to information and questions in a variety of social situations. Participants also will learn when cultural differences require use of specific Spanish expressions. Speaking and listening will be emphasized, but some reading may be included. The paperback book, *Easy Spanish Phrase Book* by Dover Publications (ISBN number is 0-486-28086-1), is required and available online.

INSTRUCTOR: Russell Kratz, PhD, is a teacher of English and Spanish who studied Spanish in Costa Rica and has travelled in Spain, Argentina, Costa Rica, El Salvador, and Puerto Rico. He is a published author and a former educational administrator.

LA 44457-1A

C-GCC – Room 136 **4 Tuesdays**
Begins: July 11, 2023 **6:30 p.m. – 8:00 p.m.**
Fee: \$75

MUSIC

Beginner Ukulele

Join us for this hands-on ukulele class for beginners! Students will be introduced to ukulele basics: holding the instrument, scales, chords, and basic music theory. Time during each class will be devoted to playing exercises and songs, but students will get more from the class if they can devote time each week to practice on their own. Students must bring their own ukulele to class.

INSTRUCTOR: Carmen Borgia, a professional musician and sound mixer, has taught at The School of Visual Arts in New York City and Seton Hall University in New Jersey. He also hosts live, weekly ukulele jams in Catskill.

MU 62347-1A

C-GCC – Room 136 **6 Wednesdays**
Begins: May 24, 2023 **6:30 p.m. – 8:00 p.m.**
Fee: \$110



Instant Piano for Hopelessly Busy People

In just a few hours, students will learn enough secrets of the trade to give them years of musical enjoyment! Using their at-home pianos or keyboards, students will learn to play piano the way professionals do, using chords. The course includes an online book, online follow-up videos, and a recording of the class.

INSTRUCTOR: Craig Coffman has taught this class to more than 30,000 students nationally since 1993. He has taught at colleges, community education programs, and recreation programs.

MU 62295-1Z

Taught via Zoom **1 Tuesday**
June 20, 2023 **6:30 p.m. – 9:30 p.m.**
Fee: \$59



Instant Guitar for Hopelessly Busy People

This crash course in guitar will teach students basic chords, allowing them to play their favorite songs right away! The course includes an online book, online follow-up videos, and a recording of the class.

INSTRUCTOR: Craig Coffman

MU 62326-1Z

Taught via Zoom **1 Wednesday**
June 21, 2023 **6:30 p.m. – 9:00 p.m.**
Fee: \$59

Traditional Acoustic Session *New!*

This course is for casual players of acoustic instruments who would like to grow their group playing skills, learn new tunes and songs, strengthen ear learning, improve their instrumental fluency, and receive specific feedback and instruction. Tunes and songs will be pulled from musical traditions of Ireland and the British Isles, Post-Colonial America and Canada, Scandinavia, and others. Please plan to bring your own acoustic instrument – all instruments welcome!

INSTRUCTOR: Mike Pagnani has been performing, teaching, researching, and curating traditional music in the Hudson Valley for more than a decade. He is a multi-instrumentalist, singer, songwriter, and composer, and knows hundreds of traditional tunes.

MU 62348-1A

Art Center Theater
C-GCC – Room 500 **6 Tuesdays**
Begins: May 23, 2023 **6:00 p.m. – 8:00 p.m.**
Fee: \$110

To register, call **518.697.6370** or visit **columbiagreene.edu/continuingeducation**

PERSONAL ENRICHMENT COURSES

PERSONAL FINANCE

Breaking the Debt Cycle

Feeling the stress of financial debt? Join us as we discuss budgeting tips and tricks, how to spot “money gobblers,” identifying warning signs, and the pros and cons of debt consolidation. By the end, students will have the tools to feel empowered to prevent and tackle financial debt.

INSTRUCTOR: Financial Wellness Coach from Greylock Federal Credit Union

FI 68396-1Z

Taught via Zoom

August 16, 2023

Free

1 Wednesday
Noon – 1:00 p.m.



CreditAbility

For students who are unsure of their credit, this workshop will help them understand who looks at their credit, and how to build good credit and a good credit score.

INSTRUCTOR: Financial Wellness Coach from Greylock Federal Credit Union

FI 68395-1Z

Taught via Zoom

July 12, 2023

Free

1 Wednesday
Noon – 1:00 p.m.

Frauds & Scams: How to Avoid Them

New!

This seminar addresses the old tried and true scams, as well as the latest frauds and scams, that cost consumers millions of dollars every year. Actual fraudulent recordings, emails, and text samples are shared in the session, as well as tools to protect yourself and what to do if/when you become a victim.

INSTRUCTOR: Financial Wellness Coach from Greylock Federal Credit Union

FI 68397-1Z

Taught via Zoom

June 14, 2023

Free

1 Wednesday
Noon – 1:00 p.m.



Navigating the Medicare Maze

This educational seminar will enable those over the age of 65 to understand their Medicare Health Insurance options. When the time comes to take advantage of this benefit, the process can be complex and time consuming. Seminar participants will receive an overview of the major features of Medicare including original Medicare, hospital insurance, medical insurance, Medicare Advantage, and prescription drug coverage. Medicare supplements and the relative benefits of national versus local networks also will be discussed.

INSTRUCTOR: Erik Lehtinen is an independent financial consultant based in Columbia County known for his expertise in advanced Medicare planning and review.

FI 24244-1A

C-GCC Room 105

May 30, 2023

Free

1 Tuesday
10:00 a.m. – Noon



WRITING

A Beginner's Guide to Getting Published

Students interested in publishing freelance writing by selling a magazine article, short story, poem, or even a novel to a traditional publisher are invited to this comprehensive workshop. Topics include becoming a “published” writer overnight, submitting manuscripts correctly, writing irresistible query letters, and more.

INSTRUCTOR: LeeAnne Krusemark

HU 24211-1Z

Taught via Zoom

July 13, 2023

Fee: \$45

1 Thursday
7:00 p.m. – 9:00 p.m.



Be a Better Writer: 10 Easy Tips to Improve Your Writing Now!

Writing is part of everyday life, whether it's emails, social media posts, work projects, or even creative writing. Improving is just a matter of knowing simple tricks to make writing more impactful and readable. Good writing may even help get a promotion at work or avoid rejection from a publisher! In this hands-on session, students will use examples and exercises in real time to learn how to make sentences flow properly while still maintaining reader interest. Students will leave with a workbook full of writing tips and tricks, included in the class fee.

INSTRUCTOR: LeeAnne Krusemark

HU 99082-1Z

Taught via Zoom

July 8, 2023

Fee: \$50

1 Saturday
11:00 a.m. – 2:00 p.m.

To register, call **518.697.6370** or visit columbiagreene.edu/continuingeducation

PERSONAL ENRICHMENT COURSES

Comedy Writing: How to Be Funny on Paper and Stage

Whether you need to make a dull work presentation more lively, mix laughter with learning in the classroom, or ultimately want to write for print/production or perform your own stand-up routine, this fast-paced session will show you how to apply humor to all aspects of your life. Students will learn the anatomy of a joke, how to use their powers of observation to sharpen their wit, write different types of jokes, and use humor to entertain and influence people.

INSTRUCTOR: LeeAnne Krusemark

HU 99081-1Z

Taught via Zoom

July 15, 2023

Fee: \$25

1 Saturday

2:00 p.m. – 3:00 p.m.

Explore 50 Different Self-Publishing Options

Self-publishing is all the rage, but is it the best option? In this class, students will discover the pros and cons of many self-publishing options, including print-on-demand and e-book publishing, as well as Amazon option, to see how they compare to traditional publishing. Informative handouts, including a rated description of 50 self-publishing companies, are included in the class.

PRE-REQUISITE: Beginner's Guide to Getting Published

INSTRUCTOR: LeeAnne Krusemark

HU 44448-1Z

Taught via Zoom

July 13, 2023

Fee: \$25

1 Thursday

9:00 p.m. – 10:00 p.m.

Explore the World as a Travel Writer

If you love to travel and love to write, this course is for you! We will discuss how to use all the senses in a new destination to create more detailed and



in-depth descriptions that capture and maintain readers' interest, and whether or not to include photos with your work. Students also will learn how to find and submit their finished products to print and online markets, the business side of travel writing (how to take travel tax deductions), and how to avoid worn-out travel writing cliches.

INSTRUCTOR: LeeAnne Krusemark

HU 99080-1Z

Taught via Zoom

July 8, 2023

Fee: \$45

1 Saturday

5:00 p.m. – 7:00 p.m.

How to Outline and Write an Irresistible Romance

Romance is the number one selling fiction genre. Whether a new or experienced writer, students will sharpen their skills with practical, step-by-step advice, discover the different romance sub-genres, and also will learn to create a unique setting, introduce their protagonist (lead character), percolate friction, and write relatable dialogue as well as intimate scenes. Publishing options also will be discussed.

INSTRUCTOR: LeeAnne Krusemark

HU 99078-1Z

Taught via Zoom

July 12, 2023

Fee: \$25

1 Wednesday

6:00 p.m. – 7:00 p.m.



How to Write Your Life Story

Students don't need to be famous to have a legacy to leave behind! Create an inspirational autobiography for family, friends, and others. Learn how to recall vivid memories, analyze events and people who shaped their lives, and bring their story to life. The handout, included in the class fee, will have an outline to help students organize and write their memoirs step-by-step.

Printing and publishing options also will be discussed.

INSTRUCTOR: LeeAnne Krusemark

HU 99077-1Z

Taught via Zoom

July 15, 2023

Fee: \$50

1 Saturday

11:00 a.m. – 2:00 p.m.



Introduction to Screenwriting for Television or Movies

In this comprehensive session, students will learn about special screenwriting terms and formats for television and the big screen as well as how to plot a story, develop characters, and execute work in the proper screenwriting format. Discover the difference between a Treatment, a Spec Script, and a Shooting Script, and when to do each. Students also will get an inside look into the business of selling scripts to agents and producers.

INSTRUCTOR: LeeAnne Krusemark

HU 44456-1Z

Taught via Zoom

July 8, 2023

Fee: \$25

1 Saturday

2:00 p.m. – 3:00 p.m.

Meet the Publisher Q&A – Get Your Manuscript Critiqued

Ever wanted to talk to a real agent or publisher? Tired of having manuscripts critiqued by non-professionals or paying an editor too much money to change what's written to their voice? Email one page of an in-progress manuscript for an in-class critique of one page of poetry, article, short story, screenplay, novel, non-fiction book,

To register, call **518.697.6370** or visit **columbiagreene.edu/continuingeducation**

PERSONAL ENRICHMENT COURSES

or children's book. (Optional: Students can send their manuscript to the instructor after the class for a professional critique, for an added fee).

INSTRUCTOR: LeeAnne Krusemark

HU 44417-1Z
Taught via Zoom
July 15, 2023
Fee: \$35

1 Saturday
6:00 p.m. – 7:30 p.m.

Mystery Makers Series

This five-part series, taught by a group of writers who celebrate the art of the mystery story, will cover the major elements of creating a mystery novel. Each week, students will hear from a different presenter on a specific part of mystery writing, and the class will culminate in a final panel discussion, where all four instructors will be available for questions and deeper discussion.

INSTRUCTORS: Carol Pouliot, Jen Collins Moore, Lida Sideris, and Tina deBellegarde are the mystery writers behind *Sleuths and Sidekicks*. They regularly team up to present panels and workshops for writers and interested mystery readers alike.

HU 99083-1Z
Taught via Zoom
Begins: June 1, 2023
Fee: \$95

5 Thursdays
6:30 p.m. – 7:45 p.m.



Start a Free Blog!

Online blogging is a great way to get the word out about a service, product, or other information. In this class, students will learn how to start a free blog with WordPress, choose a blog template, emphasize blog content with a creative name, use a unique voice to share expertise, and more. Students also will learn how to earn an income with their blog, including links to other websites

and blog advertising, as well as how to increase internet rankings.

INSTRUCTOR: LeeAnne Krusemark

HU 44474-1Z
Taught via Zoom
July 12, 2023
Fee: \$45

1 Wednesday
7:00 p.m. – 9:00 p.m.

Using Amazon's Kindle Direct to Self-Publish Your Book for FREE!

For students looking to publish a paperback novel or short eBook now or in the future, this class will provide a step-by-step introduction on how to create an Amazon KIDP account, format and upload a manuscript to the platform, easily create a book cover from available templates, determine pricing and royalties, develop a sales pitch for an Amazon page, and write an Amazon author bio.

INSTRUCTOR: LeeAnne Krusemark

HU 44477-1Z
Taught via Zoom
July 15, 2023
Fee: \$25

1 Saturday
3:00 p.m. – 4:00 p.m.

Write a Riveting Mystery, Suspense, or Crime Story

Become a mystery writer for fun or profit! Students will discover the different sub-genres and the three-act story structure of mystery writing, and create an intriguing cast of characters. Students also will learn how to research and pick their setting, make sure their opening grabs readers' attention, and use "red herrings" to misdirect their readers and create suspense until they're ready for the final reveal. Publishing options also will be discussed.



INSTRUCTOR: LeeAnne Krusemark

HU 99079-1Z
Taught via Zoom
July 8, 2023
Fee: \$45

1 Saturday
3:00 p.m. – 5:00 p.m.

Writing for Online Blogs, Magazines, and Websites

In this fast-paced session, students will learn how to find ideas, sources, and more than 1,000 opportunities that pay. Students will be taught how to conduct interviews and create interesting content, protect a copyright, write query letters, and then use this credibility to sell other articles or even a self-published novel.

INSTRUCTOR: LeeAnne Krusemark

HU 44463-1Z
Taught via Zoom
July 15, 2023
Fee: \$45

1 Saturday
4:00 p.m. – 6:00 p.m.



If any non-credit course or class is canceled because of inclement weather or emergency closings, or a satellite location is closed, classes will automatically be extended an additional week.

C-GCC's policy is to take affirmative action to provide equal opportunity in all of its activities for all qualified persons, to prohibit discrimination, and to promote the full realization of equal opportunity. This policy of non-discrimination applies to all persons without regard to an individual's race, color, national origin, religion, creed, age, disability, sex, gender identity, sexual orientation, familial status, pregnancy, predisposing genetic characteristics, military status, domestic violence victim status, or criminal conviction. Employees, students, or applicants may not be subjected to harassment that is prohibited by law, or treated adversely or retaliated against based upon a protected characteristic.

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