



CONTINUING EDUCATION

Fall
2025

COLUMBIA-GREENE COMMUNITY COLLEGE

HVAC/R
Certified
Technician
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CAREER DEVELOPMENT

PERSONAL ENRICHMENT

Basic Candle
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Welcome to C-GCC's Continuing Education & Workforce Development

The Office of Continuing Education and Workforce Development serves the community by providing impactful and innovative programming designed to address both workforce related and personal enrichment needs.

The College's non-credit courses provide an opportunity for lifelong learning and personal enrichment for the general public and local community. Areas of instruction range from arts and crafts, personal finance, to computer literacy and software application skills. Non-credit course offerings are held throughout the academic year.

For additional information on our programs and course offerings, please contact our office by phone, **518.697.6370** or email, workforce@sunycgcc.edu.

» LET'S GO!

Follow us on Social Media for the latest news!

#CoGreene!



Tuition Funding: Columbia-Greene Workforce New York

Columbia-Greene Workforce New York, located in the Professional Academic Center at C-GCC, provides a variety of employment-based services and offers grant-based tuition assistance for eligible people and programs that lead to industry-recognized credentials in high-demand fields. Eligible CEWD courses are noted in the course descriptions. For more information call **518.697.6510**.

\$ Look for this symbol to find courses eligible for Workforce NY support.

HOW TO REGISTER

Fall 2025

BY PHONE: 518.697.6370 Mastercard, Visa, American Express, and Discover cards are accepted over the telephone for all non-credit course registrations. Please have all registration and card information on-hand when calling.

IN-PERSON: Registration and payment may be made in person at Suite 201S in the Main Building of the Columbia-Greene Community College campus at 4400 Route 23, Hudson, NY 12534.

Accessibility

The College provides an inclusive campus for all students. Got questions? Contact the Office of Accessibility Services at oasweb@sunycgcc.edu.

Materials

Some courses require additional books and supplies not covered by the course fee. These supply lists will either be provided upon registration, by the instructor prior to class, or within the course description.

Policies & Procedures

Please visit our webpage, columbiagreene.edu/about/continuing-education for the departments policies and procedures.

FIND US!



» The Continuing Education & Workforce Development is located in **Suite 201S** in the Main Building. Come visit us: columbiagreene.edu/CEmap.



CAREER DEVELOPMENT COURSES

Fall 2025

CAREER AND BUSINESS SKILLS

A to Z Grant Writing

This course provides students with the hands-on experience and knowledge they need to successfully begin the planning process for projects in need of grant funding. An approach to grant seeking begins with thinking about why the funding is needed and involving the grant applicant's stakeholders in the planning process. This course is self-paced; students have six weeks to complete the 24 course hours.

INSTRUCTION: This course is taught via our Ed2Go partnership.

PR 72180-1Z

Taught online via Ed2Go

Rolling enrollment

Fee: \$125



HVAC/R Certified Technician (Voucher Included)

Designed for students who have more than a year of HVAC/R experience, this course will prepare them for the next step—certification. HVAC/R technicians are in demand, but certified technicians can earn more and have better career opportunities. This online training course is designed to equip students with the knowledge and skills to maintain and troubleshoot complex heating, air conditioning, and refrigeration systems. Students will be provided with hands-on guidance through videos, reading assignments, service call simulations, and practical

applications. With content aligning to the latest industry standards, students will be prepared for the HVAC Excellence or NATE certification exams by the end of this course. They will also receive a voucher to take the HVAC Excellence exams. This course is self-paced; students have 12 months to complete the 330 course hours.

INSTRUCTION: This course is taught via our Ed2Go partnership.

CC 99285-1Z

Taught online via Ed2Go

Rolling enrollment

Fee: \$2,895

**\$ Workforce NY tuition funding available.
Call 518.697.6510.**

Manufacturing Fundamentals

Gain the basic skills required to work in manufacturing. This course will help students learn the roles of productivity, design, process planning, and 13 different manufacturing processes. Students will discover how performance measurements and standardization improve manufacturing operations. This course is self-paced; students have six weeks to complete the 24 course hours.

INSTRUCTION: This course is taught via our Ed2Go partnership.

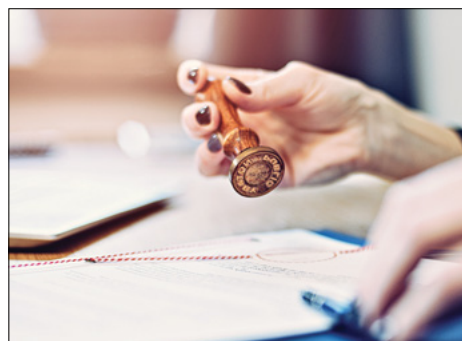
PR 72179-1Z

Taught online via Ed2Go

Rolling enrollment

Fee: \$129

**\$ Workforce NY tuition funding available.
Call 518.697.6510.**



Notary Public Seminar

This seminar provides preparation for the New York State Notary Public Test. Topics include situations that a notary public may encounter including

conflicts of interest, professional ethics, proper fees, special situations, when to defer to an attorney, and minimizing legal liability. All materials included. The link to schedule an exam is exams@dos.ny.gov.

INSTRUCTOR: Steven E. Williams is a member of the American Society of Notaries as well as a practicing Mobile Notary, Mortgage Loan Signing Agent, and a New York State licensed Mortgage Loan Originator.

BU 68142-1Z

Taught via Zoom

September 18, 2025

Fee: \$85

1 Thursday

6:00 p.m. – 9:00 p.m.

BU 68142-2Z

Taught via Zoom

October 23, 2025

Fee: \$85

1 Thursday

6:00 p.m. – 9:00 p.m.

BU 68142-3Z

Taught via Zoom

December 4, 2025

Fee: \$85

1 Thursday

6:00 p.m. – 9:00 p.m.

**\$ Workforce NY tuition funding available.
Call 518.697.6510.**

COMPUTER SKILLS

CompTIA A+ Certification Training (Vouchers Included)

Prepare to boost your resume and demonstrate your IT competence with a globally-recognized credential! This course is designed to help students prepare to earn their CompTIA A+ credential by passing both required certification exams. Essential exam topics covered include various computer hardware and software aspects, including mobile devices, networking technology, virtualization, cloud computing, security, and operational procedures. Obtaining this certification will open doors for entry-level IT jobs such as technical support specialists, help desk technicians, or field service technicians. This course is self-paced; students have six months to complete the 200 course hours.

INSTRUCTION: This course is taught via our Ed2Go partnership

CM 28487-1Z

Taught online via Ed2Go

Rolling enrollment

Fee: \$2,095

**\$ Workforce NY tuition funding available.
Call 518.697.6510.**

To register, call **518.697.6370** or visit columbiagreene.edu/continuingeducation.

CAREER DEVELOPMENT COURSES

Introduction to QuickBooks Online

This introductory course will cover the basic features in QuickBooks and how these features apply to best practice bookkeeping principles. Learn how to effectively and efficiently use QuickBooks to manage daily bookkeeping tasks and develop an understanding of how the data is entered, processed, and reviewed.

INSTRUCTOR: Dr. Stacey Hills

CM 28441-1A

C-GCC – Room 508 or via Zoom

2 Thursdays and 2 Tuesdays

Begins: September 11, 2025 6:15 p.m. – 8:15 p.m.

Fee: \$145

\$ Workforce NY tuition funding available.
Call 518.697.6510.



Advanced QuickBooks Online

This course deepens the knowledge of all the aspects needed to properly manage service and product-based businesses with QuickBooks Online. Topics covered include managing users, chart of accounts, beginning balance set up, historical transactions, financial reports, checks, A/P, A/R, budgeting, transfers, purchase orders, payroll, sales tax, connecting banks, manually uploading transactions, bank reconciliations, attachments, and inventory. This course is especially relevant for bookkeepers as well as business owners.

INSTRUCTOR: Dr. Stacey Hills

CM 28484-1A

C-GCC – Room 508 or via Zoom

2 Thursdays and 2 Tuesdays

Begins: September 25, 2025 6:15 p.m. – 8:15 p.m.

Fee: \$145

\$ Workforce NY tuition funding available.
Call 518.697.6510.

Additional opportunity! These QuickBooks classes can be used to receive Columbia-Greene Community College credit. Students desiring credit for AC 116 QuickBooks will need to meet the learning outcomes through an additional project. Credit may be awarded after successful completion of both Introduction to QuickBooks Online and Advanced QuickBooks Online, as well as a project and learning evaluation. For more information, please contact Dr. Stacey Hills at stacey.hills@sunycgcc.edu.

Microsoft Office Specialist (MOS) Expert Certification Training (Vouchers Included)

Prepare for the Microsoft Office Specialist (MOS) certification exams for Word, Excel, PowerPoint, Outlook, and Access and earn your Microsoft Office Specialist (MOS) Expert Certification. Students will build their expertise in these programs through hands-on exercises, in-depth course material, and supplemental video demonstrations. This course is self-paced; students have six months to complete the 335 course hours.

INSTRUCTION: This course is taught via our Ed2Go partnership

CM 28488-1Z

Taught online via Ed2Go

Rolling enrollment

Fee: \$2,745

\$ Workforce NY tuition funding available.
Call 518.697.6510.



ESL & LEARNING SUCCESS

Grammar for ESL

Prepare for mainstream English classes as a non-native speaker. This course is designed as an in-depth analysis of English grammar for intermediate to advanced English as a Second Language students. This course is self-paced; students have six weeks to complete the 24 course hours.

INSTRUCTION: This course is taught via our Ed2Go partnership

SI 99407-1Z

Taught online via Ed2Go

Rolling enrollment

Fee: \$129

\$ Workforce NY tuition funding available.
Call 518.697.6510.

Young Adults Education for Success Program (YES), Ages 18-21

The Young Adults Education for Success (YES) Program provides one-on-one and group instruction for adults ages 18-21 striving to improve their prospects for workplace and career success. The course prepares students for the General Education Development test. GED program services include a workplace skills assessment, and instruction in reading, writing, and mathematics up to the pre-college level. YES accepts students on an ongoing basis, with 16 hours per week of instruction available beginning in September. Contact the Workforce New York Office for full eligibility and funding details at 518.697.6510.

INSTRUCTOR: C-GCC staff

SI 99246-1A

C-GCC – Room 117

Tuesdays, Wednesdays, and Thursdays

Begins: Ongoing 3:00 p.m. – 7:00 p.m.

To register, call **518.697.6370** or visit columbiagreene.edu/continuingeducation.

CAREER DEVELOPMENT COURSES

HEALTH PROFESSIONAL DEVELOPMENT

Basic Life Support Skills Testing Only

This course is for students who have taken the American Heart Association Basic Life Support Certification Course online, and only need to complete their in-person skills testing. Students must bring a printed copy of their online AHA BLS Completion Certificate. Information on the online BLS Certification Course can be found here: <https://cpr.heart.org/en/courses/basic-life-support-course-options>

INSTRUCTOR: Stacy Collier-Deieso

HE 77200-1A

C-GCC – Room 404 1 Tuesday
September 30, 2025 5:00 p.m. – 6:00 p.m.
Fee: \$60

HE 77200-2A

C-GCC – Room 404 1 Tuesday
November 18, 2025 5:00 p.m. – 6:00 p.m.
Fee: \$60

**\$ Workforce NY tuition funding available.
Call 518.697.6510.**



Standard First Aid/CPR/AED Course

This American Heart Association Standard First Aid Course provides individuals with the knowledge and skills necessary to recognize and provide basic care for injuries and sudden illnesses until medical personnel arrive. The course covers all required topics such as recognizing emergencies, prioritizing care, using or applying rescue breathing, administering adult CPR, and dressing wounds. The instructor will administer the American Heart Association First

Aid/CPR certificate exam at the end of the class. The certification earned for this course is valid for two years. Note: this class is not for professional recertification for EMT First Responders.

INSTRUCTOR: Stacy Collier-Deieso

HE 36239-1A

C-GCC – Room 404 1 Tuesday
October 7, 2025 5:00 p.m. – 9:00 p.m.
Fee: \$90

SECURITY GUARD TRAINING



8-Hour Pre-Assignment Training Course for Security Guards

Prior to obtaining a security officer's license in New York State, students must attend and pass this course. Topics covered include the role of the security guard, legal powers and limitations, emergency situations, access control and identification, public relations and communication, ethics, and conduct.

INSTRUCTOR: William DeLuca served as a police officer for 21 years and is certified as a Master and General Topics Instructor by the New York State Bureau for Municipal Police. He also is a retired Assistant Professor of Criminal Justice at Columbia-Greene Community College.

PR 68333-1A

C-GCC – Room 136 1 Saturday
October 25, 2025 8:00 a.m. – 4:00 p.m.
Fee: \$90

**\$ Workforce NY tuition funding available.
Call 518.697.6510.**

Annual In-Service Training Course for Security Guards

This eight-hour mandated in-service training course is for all security guards in New York State and must be completed on a calendar-year basis for each year succeeding the completion of the mandated 16-hour On-the-Job Training Course for Security Guards. Topics covered include the role of a security guard, legal powers and limitations, emergency situations, communications and public relations, access control, report writing, ethics and conduct, and elective topics.

INSTRUCTOR: William DeLuca

PR 68424-1A

C-GCC – Room 136 1 Saturday
November 8, 2025 8:00 a.m. – 4:00 p.m.
Fee: \$90

**\$ Workforce NY tuition funding available.
Call 518.697.6510.**



16-Hour On the Job Training Course for Security Officers

This 16-hour course must be completed within 90 days of employment as a security officer and provides detailed information on the duties and responsibilities of the role. Topics covered include the responsibilities expected of the security officer, legal powers and limitations, emergency situations, communications and public relations, access control, ethics and conduct, incident command system, and terrorism. Students must have completed the Eight-Hour Pre-Assignment Training course to attend this class. Successful completion of this course requires passing a written examination.

INSTRUCTOR: William DeLuca

PR 68346-1A

C-GCC – Room 134 1 Friday and 1 Saturday
Begins: December 12, 2025 8:00 a.m. – 4:00 p.m.
Fee: \$160

**\$ Workforce NY tuition funding available.
Call 518.697.6510.**

To register, call **518.697.6370** or visit **columbiagreene.edu/continuingeducation**.

PERSONAL ENRICHMENT COURSES

Fall 2025

FIBER ARTS

Bundle Dyeing

Bundle dyeing is an innovative process that bypasses the need for the dye pot, allowing for the direct transfer of natural dyes and their herbal qualities into cloth. In this workshop, students will learn the basics of natural dyeing, including how to prepare fabric and use local ethically foraged plants, flowers, and food scraps as dye material.

INSTRUCTOR: Make Workshop founder Diana Rupp, author of Sew Everything Workshop

AR 44368-1A
C-GCC – Staff Cafeteria 1 Saturday
November 15, 2025 1:00 p.m. – 3:30 p.m.
Fee: \$100 (includes supplies)

Handspinning Yarn

Do you have sheep, alpacas, llamas, bunnies, sheep dogs, or mohair goats in your life? Fashion yarn from their fur in a timeless fashion by hand on a drop spindle, or more quickly with a spinning wheel! No experience is necessary to participate.

INSTRUCTOR: Claudia Krisniski, owner of Countrywool, has been teaching facets of fiber arts for more than 40 years. Using natural fibers, she is dedicated to enhancing the local fiber community's health and productivity.

AR 08860-1Z
Countrywool
59 Spring Rd.
Hudson, NY 12534 1 Sunday
December 7, 2025 11:00 a.m. – 1:00 p.m.
Fee: \$65



Introduction to Embroidery

By mastering just a few easy stitches, students will gain the skills to create original works of art using a variety of hand embroidery methods. Perk-up jeans and tee-shirts, and/or be able to complete a design by your favorite needlework artist. No experience necessary!

INSTRUCTOR: Diana Rupp

AR 44354-1A
C-GCC – Staff Cafeteria 1 Saturday
November 15, 2025 10:00 a.m. – Noon
Fee: \$65 (includes supplies)



Introduction to Sewing Machines

If you have never touched a sewing machine, or the last time you did was in a home economics class, this is the perfect workshop to develop basic machine sewing skills! In addition to showing students how to successfully thread a machine, the instructor will teach the basics of sewing by making a simple fabric wallet. Please note: students must provide their own sewing machines for this class.

INSTRUCTOR: Diana Rupp

AR 44371-1A
C-GCC – Staff Cafeteria 1 Saturday
September 20, 2025 6:30 p.m. – 8:30 p.m.
Fee: \$85

AR 44371-2A
C-GCC – Staff Cafeteria 1 Saturday
October 25, 2025 10:00 a.m. – Noon
Fee: \$85

AR 44371-3A
C-GCC – Staff Cafeteria 1 Saturday
November 22, 2025 10:00 a.m. – Noon
Fee: \$85

Knit a Basic Sweater

This three-session class over three months will cover constructing a pullover sweater with raglan sleeves, knit completely in the round. Experienced knitters welcome, or those who have previously taken Knitting a Wool Scarf. Classes will meet October 19, November 30, and December 14.

INSTRUCTOR: Claudia Krisniski

AR 08772-1Z
Countrywool, 59 Spring Rd.
Hudson, NY 12534 3 Sundays
Begins: October 19, 2025 11:00 a.m. – 1:00 p.m.
Fee: \$175

Knitting a Wool Scarf

This class will teach the basics of knitting with soft and renewable wool yarn. Topics to be covered include casting on; knit, purl, garter, ribbing, cable, and seed stitches; joining yarn; and casting off. Continental, English, or American knitting will be taught with full support for right or left-handed knitters.

INSTRUCTOR: Claudia Krisniski

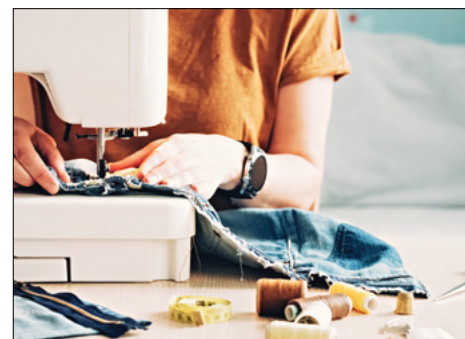
AR 08816-1A
Countrywool, 59 Spring Rd.
Hudson, NY 12534 2 Sundays
November 2 and 16 11:00 a.m. – 1:00 p.m.
Fee: \$95

Quilting 101

This four-part workshop teaches students all the basics of making a patchwork quilt from piecing the top to assembling the layers and binding. Some basic machine sewing experience is required. The first and last class will be taught in-person at the College, and the second and third classes will be taught via Zoom.

INSTRUCTOR: Diana Rupp

AR 08103-1Z
C-GCC – Room 105 and Zoom 4 Thursdays
Begins: October 30, 2025 6:30 p.m. – 8:00 p.m.
Fee: \$145



To register, call **518.697.6370** or visit columbiagreene.edu/continuingeducation.

PERSONAL ENRICHMENT COURSES

Tapestry Weaving

Learn the basics of hand weaving with yard, fabric, and raw wool. In addition to learning how to create fabric and one-of-a-kind works of art using a variety of patterns and techniques, students will be given a small weaving frame loom that they can take home, along with extra yarn to continue working long after the workshop ends.

INSTRUCTOR: Diana Rupp

AR 16027-1A

C-GCC – Staff Cafeteria 1 Saturday
October 25, 2025 1:00 p.m. – 3:30 p.m.
Fee: \$95 (includes supplies)

COOKING AND BAKING

Beginner Cookie Decorating

Students interested in working with royal icing are encouraged to get the ball rolling in this exciting class! Step-by-step instructions will be provided as participants decorate five basic cookie designs to take home. Students will also be provided the instructor's blogpost, loaded with cookie decorating information and recipes. Open to ages 10 and up. No refunds will be provided within 48 hours of the class.

INSTRUCTOR: Cindy Burek has been teaching cookie decorating classes for seven years at local businesses and hotels, in addition to other local community colleges. She owns Buttercup Cookie (www.buttercupcookie.com).

SI 99368-1A Halloween Theme

C-GCC – Staff Cafeteria 1 Tuesday
October 7, 2025 6:00 p.m. – 8:00 p.m.
Fee: \$75

SI 99368-2A Christmas Theme

C-GCC – Staff Cafeteria 1 Tuesday
November 18, 2025 6:00 p.m. – 8:00 p.m.
Fee: \$75



Beginner Plus Cookie Decorating

This class takes the next step in the cookie decorating journey and is for students who have basic experience using royal icing but want slightly more challenging cookie designs. The class will decorate four or five cookies and learn additional step-by-step instructions while incorporating more fun techniques and tools. Open to ages 10 and up. No refunds will be provided within 48 hours of the class.

INSTRUCTOR: Cindy Burek

SI 99400-1A Indian Summer Theme

C-GCC – Staff Cafeteria 1 Wednesday
September 10, 2025 6:00 p.m. – 8:00 p.m.
Fee: \$85

SI 99400-2A Christmas Theme

C-GCC – Staff Cafeteria 1 Tuesday
December 9, 2025 6:00 p.m. – 8:00 p.m.
Fee: \$85

Jewish Baking: Making Babka

New!

Learn how to make babka in this new course offered by The Sisterhood Ladies of Congregation Anshe Emeth. Babka is a sweet, braided bread originating in Eastern European Jewish communities, particularly in Poland, Russia, and Ukraine. It's a cross between a sweet bread and a cake, made with an enriched dough and often filled with sweet ingredients like chocolate, cinnamon, or dried fruit. The dough is typically rolled and twisted before baking, and it's often topped with sugar syrup or streusel. Students will learn through hands-on practice and demonstration.

INSTRUCTORS: The Sisterhood Ladies of Congregation Anshe Emeth

CK 40172-1Z

Congregation Anshe Emeth, 240 Joslen Blvd.
Hudson, NY 12534 1 Tuesday
September 9, 2025 6:00 p.m. – 8:30 p.m.
Fee: \$55

Jewish Baking: Making Sweet & Savory Rugelach ***New!***

Learn how to make rugelach in this new course offered by The Sisterhood Ladies of Congregation Anshe Emeth. Rugelach are crescent-shaped pastries that originated in the Jewish communities of Poland and are now a popular treat in the diaspora and Israel. They are made with a cream cheese-based dough and filled with various sweet ingredients like nuts, chocolate, jam, or fruit.

Students will learn through hands-on practice and demonstration.

INSTRUCTORS: The Sisterhood Ladies of Congregation Anshe Emeth

CK 40173-1Z

Congregation Anshe Emeth, 240 Joslen Blvd.
Hudson, NY 12534 1 Tuesday
October 28, 2025 6:00 p.m. – 8:00 p.m.
Fee: \$50

DRAWING AND PAINTING

Drawing from Life

In this class, students will develop their hand-eye coordination, focusing on really seeing what's in front of them. Line, mass, light source, and the use of negative space will be explored in a variety of exercises. Students will work with a range of mediums to enable the development of a full complement of techniques. (Model fee included.)

INSTRUCTOR: Luis Macia, an accomplished artist originally from New York City, was an apprentice to the noted watercolorist Irwin Greenberg as well as the social realist Max Ginsburg. His work has appeared in solo and group shows in New York City and the Hudson Valley.

AR 16164-1A

C-GCC – Room 509 6 Tuesdays
Begins: September 16, 2025 6:15 p.m. – 8:45 p.m.
Fee: \$160

AR 16164-2A

C-GCC – Room 509 6 Tuesdays
Begins: October 28, 2024 6:15 p.m. – 8:45 p.m.
Fee: \$160



To register, call **518.697.6370** or visit columbiagreene.edu/continuingeducation.

PERSONAL ENRICHMENT COURSES

Hudson Valley Plein Air

In this class, students will use pastels, watercolors, or oils to capture the beauty of the Hudson Valley. Instruction will begin with surface preparation, broadly blocking in the scene through creating a fully realized composition. A strong emphasis will be placed on color, structure, composition, and capturing the ever-changing natural light. The first class will meet at the gazebo in Hudson Riverfront Park.

INSTRUCTOR: Luis Macia

AR 44367-1Z

Offsite 4 Wednesdays
Begins: September 17, 2025 9:00 a.m. – Noon
Fee: \$75

Pen and Ink Workshop

This class places an intensive focus on creating form from line and shading using a variety of techniques and tools. Cartridge pen and speedball pen, and ink on Bristol pad can provide a broad range of effects capturing bright lights and deep shadows. These techniques also serve to strengthen drawing skills.

INSTRUCTOR: Luis Macia

AR 44382-1A

C-GCC – Room 509 4 Wednesdays
Begins: October 1, 2025 6:00 p.m. – 8:30 p.m.
Fee: \$70

AR 44382-2A

C-GCC – Room 509 4 Wednesdays
Begins: October 29, 2025 6:00 p.m. – 8:30 p.m.
Fee: \$70

Studio Painting Level 1

This class for beginners will focus on individual instruction and lectures on perspective; central focal points; Rule of Thirds and the Golden Mean; color theory; eye magnets; composition theories; and brushwork.

INSTRUCTOR: Robert A. Lahm is a graduate of the Newark School of Fine and Industrial Arts (Advertising Design and Illustration) and Montclair Art Museum School.

AR 16257-1A

C-GCC – Room 509 6 Saturdays
Begins: September 13, 2025 9:00 a.m. – Noon
Fee: \$150

AR 16257-2A

C-GCC – Room 509 6 Saturdays
Begins: October 25, 2025 9:00 a.m. – Noon
Fee: \$150
No class November 29



Studio Painting Level 2

This class continues Studio Painting Level 1. The course will focus on enhanced techniques; landscape painting; still life painting; portrait painting (Renaissance and direct methods); and animal portraiture.

INSTRUCTOR: Robert A. Lahm

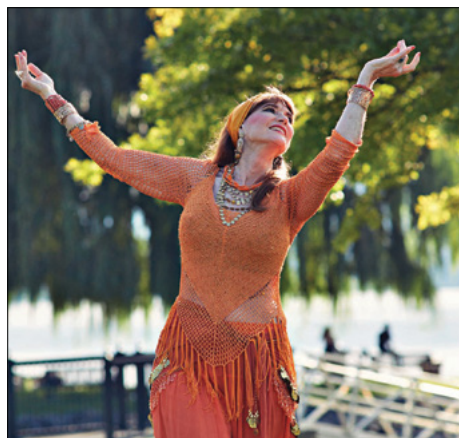
AR 44388-1A

C-GCC – Room 509 6 Saturdays
Begins: September 13, 2025 1:00 p.m. – 4:00 p.m.
Fee: \$150

AR 44388-2A

C-GCC – Room 509 6 Saturdays
Begins: October 25, 2025 1:00 p.m. – 4:00 p.m.
Fee: \$150
No class November 29

DANCE



Belly Dance Spirit

Traditional belly dance for beginners and experienced dancers! Students will learn variations of torso, arm, and hand movements; travel steps; and short choreographies using sample combinations. Classes focus on improvisation and individual expression. Please wear stretchy exercise

clothing or belly dance clothes if you have them. Dance shoes or socks are required.

INSTRUCTOR: Donna Barrett is an experienced belly dance instructor who has recently performed locally with the Hudson Festival Orchestra and at Hudson Hall for Winter Walk.

DA 57001-1A

C-GCC – Room 505 4 Mondays
Begins: October 20, 2025 6:00 p.m. – 7:30 p.m.
Fee: \$60

DEFENSIVE DRIVING



Defensive Driving

Students who complete this course will qualify for a reduction of up to four points from their driving record for violations received during the 18 months prior to the class and will become eligible for a minimum insurance reduction of 10%. Students may repeat this course every 18 months for point reduction only. Offered in cooperation with the NYS Department of Motor Vehicles, the NYS Department of Insurance, and the Empire Safety Council.

INSTRUCTORS: Victor Bujanow and Deborah Harpine are certified by the Empire Safety Council.

DD 68057-1A

C-GCC – Room 612 1 Saturday
September 13, 2025 9:00 a.m. – 3:15 p.m.
Fee: \$50

DD 68057-2A

C-GCC – Room 612 1 Saturday
October 11, 2025 9:00 a.m. – 3:15 p.m.
Fee: \$50

DD 68057-3A

C-GCC – Room 706 1 Saturday
November 15, 2025 9:00 a.m. – 3:15 p.m.
Fee: \$50

DD 68057-4A

C-GCC – Room 612 1 Saturday
December 6, 2025 9:00 a.m. – 3:15 p.m.
Fee: \$50

To register, call **518.697.6370** or visit columbiagreene.edu/continuingeducation.

PERSONAL ENRICHMENT COURSES



GARDENING

Ecological Landscape Care Basics

In this class, students will explore the 10 beginning principles of ecological garden care, including re-thinking the lawn, maintaining biomass, loving the soil, planting for ecology, and much more. The class will go in-depth on each principle and explore changes to improve the ecology and health of any property size. Students will leave with specific goals and projects for their own property.

INSTRUCTOR: Shanti Nagel is the founder of Design Wild and a graduate of the School of Professional Horticulture at the New York Botanic Garden. She has been an industry professional for more than 15 years and is a current instructor at the Brooklyn Botanical Garden.

SI 99379-1A
C-GCC – Room 134 3 Thursdays
Begins: October 9, 2025 5:30 p.m. – 7:30 p.m.
Fee: \$125

GENERAL INTEREST

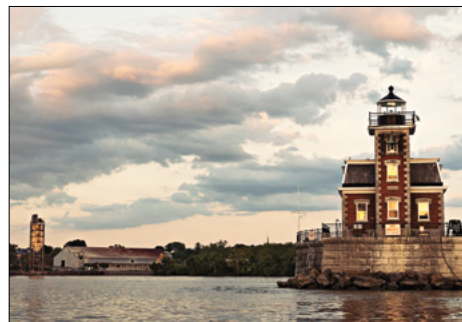
Hudson-Athens Lighthouse Tour

Join us as the Hudson-Athens Lighthouse Preservation Society discusses the history of the beloved Hudson-Athens Lighthouse built in 1874. The tour offers an opportunity to learn about the important role that the Hudson River played in the development of towns and the role that the lighthouse plays in the safe navigation of river transportation. Please note: This tour will take place completely from the ferry boat on the river. The boat is covered and tours run rain or shine. Access inside the lighthouse is unavailable at this time.

INSTRUCTOR: Hudson-Athens Lighthouse Preservation Society guides

SI 99383-1Z Departing from Athens
4 N. Water St.
Athens, NY 12015 1 Saturday
September 13, 2025 10:00 a.m. – 11:00 a.m.
September 13, 2025 Noon – 1:00 p.m.
Fee: \$30

SI 99383-2Z Departing from Hudson
23 Ferry St.
Hudson, NY 12534 1 Saturday
September 27, 2025 10:00 a.m. – 11:00 a.m.
September 27, 2025 Noon – 1:00 p.m.
Fee: \$30



HEALTH & MOVEMENT

Pilates Mat Class

Pilates mat is a great place to begin to learn the basic fundamental movements and Pilates exercise principles that can accommodate any fitness level. Improve strength, flexibility, balance, and posture by incorporating floor-based Pilates movements that stimulate the deep muscles of the body.

INSTRUCTOR: Suzanne Hazelton is a Certified Instructor for Body Be Well Pilates in Catskill, NY.

HE 62310-1A
C-GCC – Room 612 or Zoom 6 Mondays
Begins: September 15, 2025 6:00 p.m. – 7:00 p.m.
Fee: \$100

HE 62310-2A
C-GCC – Room 612 or Zoom 6 Mondays
Begins: November 3, 2025 6:00 p.m. – 7:00 p.m.
Fee: \$100

Stretch and Flow: Yoga with Julia

Join a gentle yoga class that promotes balance, strength, and flexibility. No experience is necessary! Expect a mix of standing and floor poses. A yoga

mat is recommended, as well as any props for accessibility such as two blocks or a blanket/towel to enhance the practice.

INSTRUCTOR: Julia Vona-Shea is a 500-hour certified yoga instructor who values gentle, slow-flow practices that promote alignment and balance in the body. To learn more about Vona-Shea and her classes, visit www.beyouyoga.life.

HE 36292-1A
C-GCC – Room 612 or Zoom 8 Tuesdays
Begins: September 9, 2025 5:30 p.m. – 6:30 p.m.
Fee: \$110



Tai Chi

Tai Chi, an advanced form of Qigong, involves moving in a flowing, continuous manner from one posture to the next, resembling swimming gracefully and effortlessly through the air. Tai Chi increases balance both physically and emotionally, improves circulation, reduces excessive stress and tension, lessens anxiety, and improves posture and flexibility.

INSTRUCTOR: David Haines has been a teacher of Qigong and Tai Chi for 40 years. He also has been a practitioner of the Trager® Approach to Movement for 35 years.

HE 62248-1A
C-GCC – Room 612 6 Wednesdays
Begins: September 17, 2025 5:00 p.m. – 6:00 p.m.
Fee: \$90

To register, call **518.697.6370** or visit columbiagreene.edu/continuingeducation.

PERSONAL ENRICHMENT COURSES

HOME LIVING

Basic Candle Making: From Wax to Wick

In this exciting class, students will dive into the essentials of candle making, perfect for both hobbyists and those considering a small business venture. Hands-on learning covers all the fundamentals, from selecting the right materials, to understanding safe handling practices. Students will explore various waxes, wick types, fragrances, and container options, along with insights into the science of wax melting, scent diffusion, and burn quality.

INSTRUCTOR: Dionne Gule has 13 years of experience in skincare and body/home product creation.

AR 08227-1A

C-GCC – Staff Cafeteria 1 Saturday
November 8, 2025 10:00 a.m. – 11:30 a.m.
Fee: \$65

AR 08227-2A

C-GCC – Staff Cafeteria 1 Saturday
November 8, 2025 1:00 p.m. – 2:30 p.m.
Fee: \$65



Grapes of the Hudson Valley and How to Make Wine

In this exciting new offering, students will learn about hardy grape varieties that can be grown sustainably in the area, and how to make wine from them. Wine varieties include dry and sweet; red and white; dessert; and seasonal. The class will taste several wines to explore the flavor profiles of the wines that can be made. Both novice and experienced grape growers and winemakers will be welcome. Note: This class is only open to students 21 years of age and older.

INSTRUCTOR: J. Stephen Casscles has more than 50 years of experience growing grapes and making

wines in the Hudson Valley. He also is the author of *Grapes of the Hudson Valley & Other Cool Climate Regions*.

SI 99402-1A

C-GCC – Staff Cafeteria 2 Thursdays
Begins: September 18, 2025 6:00 p.m. – 8:00 p.m.
Fee: \$30

The Basics of Backyard Chickens

There are many choices to make and equally as many mistakes to avoid when raising chickens. Prevent information overload and misinformation by learning the fundamentals and best practices of raising happy and healthy chickens. Topics include planning proper housing and facilities, choosing the right chicken, learning correct feeding and care, and more!

INSTRUCTOR: Nicole Childrose, PhD, has owned, operated, and consulted for small farms and other organizations, and has diversified operations with livestock, poultry, and ultra-niche crops. She is an Associate Professor of History at Columbia-Greene Community College.

SI 99363-1Z

Taught via Zoom 1 Saturday
September 27, 2025 6:00 p.m. – 8:30 p.m.
Fee: \$70



LANGUAGES

Basic Conversational American Sign Language (ASL) Level 1

In this exciting offering, students will learn basic conversational phrases, sentence structure, vocabulary, numbers, and the manual alphabet. Also covered will be a brief overview of Deaf history as well as the uniqueness and beauty of Deaf culture.

INSTRUCTOR: Diane Barkstrom has been teaching for 28 years at many different levels and institutions and is currently an adjunct faculty member at Columbia-Greene Community College. She is a member of the ASL Teacher's Association and holds a National Interpreter Certification.

LA 44479-1A

C-GCC – Room 130 6 Tuesdays
Begins: September 9, 2025 6:00 p.m. – 7:00 p.m.
Fee: \$130

**\$ Workforce NY tuition funding available.
Call 518.697.6510.**

Conversing in Spanish

This introduction to Spanish will emphasize how to initiate language and respond to information and questions in a variety of social situations. Participants also will learn when cultural differences require use of specific Spanish expressions. Speaking and listening will be emphasized, but some reading may be included. The paperback book, *Easy Spanish Phrase Book* by Dover Publications (ISBN number is 0-486-28086-1) is required and available online.

INSTRUCTOR: Russell Kratz, PhD, is a teacher of English and Spanish who studied Spanish in Costa Rica and has traveled in Spain, Argentina, Costa Rica, El Salvador, and Puerto Rico.

LA 44457-1A

C-GCC – Room 706 4 Tuesdays
Begins: September 16, 2025 10:00 a.m. – 11:30 a.m.
Fee: \$100

To register, call **518.697.6370** or visit **columbiagreene.edu/continuingeducation**.

PERSONAL ENRICHMENT COURSES

MUSIC



Beginner Acoustic Session

This class is perfect for musicians who have little or no experience playing but want to try jamming with others. Songs are limited to a few chords, played at a slow to moderate tempo, and drawn from genres such as folk, rock & roll, traditional, and others. No minimum skill level is needed, but a rudimentary knowledge of one's instrument is recommended. This class works for all instruments, but stringed instruments are ideal. Singers welcome, too!

INSTRUCTOR: Mike Pagnani has been performing, teaching, researching, and curating traditional music in the Hudson Valley for more than a decade. He is a multi-instrumentalist, singer, songwriter, and composer, and knows hundreds of traditional tunes.

MU 62348-1A
C-GCC – Room 502 8 Tuesdays
Begins: September 30, 2025 5:00 p.m. – 6:30 p.m.
Fee: \$160

Intermediate Acoustic Session

This class is ideal for beginner to intermediate musicians who have at least a year of experience with their instrument or have at least some experience playing with others. Songs are not limited by chord or key, are played at tempo, and are drawn from a variety of genres chosen with class input. This class accommodates all instruments, but stringed instruments are ideal. Singers welcome, too!

INSTRUCTOR: Mike Pagnani

MU 62350-1A
C-GCC – Room 502 8 Tuesdays
Begins: September 30, 2025 7:00 p.m. – 8:30 p.m.
Fee: \$160

PERSONAL FINANCE

Navigating the Medicare Maze

This educational seminar will enable those over the age of 65 to understand Medicare Health Insurance options. Seminar participants will receive an overview of the major features of Medicare including original Medicare, hospital insurance, medical insurance, Medicare Advantage, and prescription drug coverage. Medicare supplements and the relative benefits of national versus local networks also will be discussed.

INSTRUCTOR: Erik Lehtinen is an independent financial consultant based in Columbia County known for his expertise in advanced Medicare planning and review.

FI 24244-1A
C-GCC - Room 105 1 Tuesday
September 9, 2025 10:00 a.m. – Noon
Fee: \$5

FI 24244-2A
C-GCC - Room 105 1 Tuesday
October 7, 2025 10:00 a.m. – Noon
Fee: \$5

FI 24244-3A
C-GCC - Room 105 1 Tuesday
November 4, 2025 10:00 a.m. – Noon
Fee: \$5

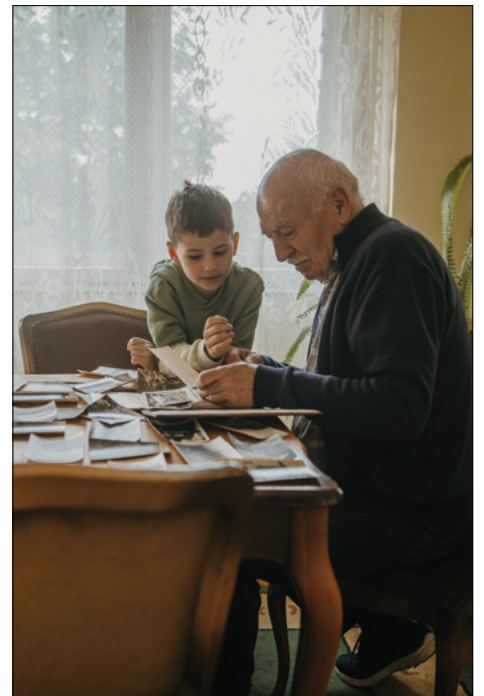


Wills, Trusts, and Estate Planning

This informative course will offer students the chance to learn about estate planning using a last will and testament, and a revocable living trust. Other topics include probate, costs, expenses, attorney's fees, and additional recommended documents such as a living will and a durable medical power of attorney.

INSTRUCTOR: Daniel F. Carbone is a practicing lawyer who has been teaching this course for more than 30 years.

FI 68398-1A
C-GCC – Room 206 1 Tuesday
September 30, 2025 6:30 p.m. – 8:30 p.m.
Fee: \$5



C-GCC's policy is to take affirmative action to provide equal opportunity in all of its activities for all qualified persons, to prohibit discrimination, and to promote the full realization of equal opportunity. This policy of non-discrimination applies to all persons without regard to an individual's race, color, national origin, religion, creed, age, disability, sex, gender identity, sexual orientation, familial status, pregnancy, predisposing genetic characteristics, military status, domestic violence victim status, or criminal conviction. Employees, students, or applicants may not be subjected to harassment that is prohibited by law, or treated adversely or retaliated against based upon a protected characteristic.

To register, call **518.697.6370** or visit columbiagreene.edu/continuingeducation.