



CONTINUING EDUCATION

Fall
2026

COLUMBIA-GREENE COMMUNITY COLLEGE

AI-PROOF YOUR CAREER...

Effective
Communication
and Soft Skills
page 3



...OR GO HANDMADE FOR THE HOLIDAYS

Holiday Gift Making Series
page 9

Welcome to C-GCC's Continuing Education & Workforce Development

The Office of Continuing Education and Workforce Development serves the community by providing impactful and innovative programming designed to address both workforce related and personal enrichment needs.

The College's non-credit courses provide an opportunity for lifelong learning and personal enrichment for the general public and local community. Areas of instruction range from arts and crafts, personal finance, to computer literacy and software application skills. Non-credit course offerings are held throughout the academic year.

For additional information on our programs and course offerings, please contact our office by phone, **518.697.6370** or email, workforce@sunycgcc.edu.

» LET'S GO!

Follow us on Social Media for the latest news!

#CoGreene!



Tuition Funding: Columbia-Greene Workforce New York

Columbia-Greene Workforce New York provides a variety of employment-based services and offers grant-based tuition assistance for eligible people and programs that lead to industry recognized credentials in high demand fields. Eligible CEWD courses are noted in the course descriptions. For more information call **518.697.6370**.

\$ Look for this symbol to find courses eligible for Workforce NY support.

HOW TO REGISTER

Fall 2026



BY PHONE: 518.697.6370 Mastercard, Visa, American Express, and Discover cards are accepted over the telephone for all non-credit course registrations. Please have all registration and card information on-hand when calling.

IN-PERSON: Registration and payment may be made in person at Suite 112 in the Main Building of the Columbia-Greene Community College campus at 4400 Route 23, Hudson, NY 12534.

Accessibility

The College provides an inclusive campus for all students. Got questions? Contact the Office of Accessibility Services at oasweb@sunycgcc.edu.

Materials

Some courses require additional books and supplies not covered by the course fee. These supply lists will either be provided upon registration, by the instructor prior to class, or within the course description.

Policies & Procedures

Please visit our webpage, columbiagreene.edu/cewd for the departments policies and procedures.

FIND US!



» The Continuing Education & Workforce Development is located in **Suite 122** in the Main Building. Come visit us: columbiagreene.edu/about/campus/maps



CAREER DEVELOPMENT COURSES

Fall 2026

CAREER AND BUSINESS SKILLS

Effective Communication and Soft Skills ***NEW***

This 8-week course will help blue collar and white-collar professionals AI-proof themselves in a very competitive workplace economy. You will improve your skills in communication and speaking that will secure your career. Learn how to articulate better in public speaking, work with teammates better, lead people under pressure and develop the right empathy towards peers and subordinates that will assist you in being a leader in your field.

INSTRUCTOR: Mark Maroney

Mark brings 35 years of leadership, communication, and mentoring experience to Columbia-Greene Community College. He holds degrees in Education and Communication, served 24 years as an FBI Special Agent, and supervised over 600 employees. Mark is passionate about teaching teamwork, critical thinking, emotional intelligence, and effective communication.

PR 72183

8 Mondays

Begins: September 14, 2026 5:30 p.m. – 8:30 p.m.

Fee: \$130

A to Z Grant Writing

This course provides students with the hands-on experience and knowledge they need to successfully begin the planning process for projects in need of grant funding. An approach to grant seeking begins with thinking about why the funding is needed and involving the grant applicant's stakeholders in the planning process. This course is self-paced; students have six weeks to complete the 24 course hours.

INSTRUCTION: This course is taught via our Ed2Go partnership

PR 72180-12

Taught online via Ed2Go

Rolling enrollment

Fee: \$143



HVAC/R Certified Technician (Voucher Included)

Designed for students who have more than a year of HVAC/R experience, this course will prepare them for the next step—certification. HVAC/R technicians are in demand, but certified technicians can earn more and have better career opportunities. This online training course is designed to equip students with the knowledge and skills to maintain and troubleshoot complex heating, air conditioning, and refrigeration systems. Students will be provided with hands-on guidance through videos, reading assignments, service call simulations, and practical applications. With content aligning to the latest industry standards, students will be prepared for the HVAC Excellence or NATE certification exams by the end of this course. They will also receive a voucher to take the HVAC Excellence exams. This course is self-paced; students have 12 months to complete the 330 course hours.

INSTRUCTION: This course is taught via our Ed2Go partnership

FOR MORE INFORMATION: <https://careertraining.sunycgcc.edu/training-programs/hvacr-technician/>

CC 99285-12

Taught online via Ed2Go

Rolling enrollment

Fee: \$3199

\$ Workforce NY tuition may be available. Call 518.679.6370.

Resume Writing Workshop

In this class, students will create an effective or improve the one they already have. Transform your resume into a powerful tool That will get you interviews! This course is self-paced; students have six weeks to complete the 24 course hours.

FOR MORE INFORMATION: <https://www.ed2go.com/cogreene/online-courses/resume-writing-workshop/>

Taught online via Ed2Go

Rolling enrollment

Fee: \$154

Manufacturing Fundamentals

Gain the basic skills required to work in manufacturing. This course will help students learn the roles of productivity, design, process planning, and 13 different manufacturing processes, and discover how performance measurements and standardization improve manufacturing operations. This course is self-paced; students have six weeks to complete the 24 course hours.

INSTRUCTION: This course is taught via our Ed2Go partnership

FOR MORE INFORMATION: <https://www.ed2go.com/cogreene/online-courses/manufacturing-fundamentals/>

PR 72179-12

Taught online via Ed2Go

Rolling enrollment

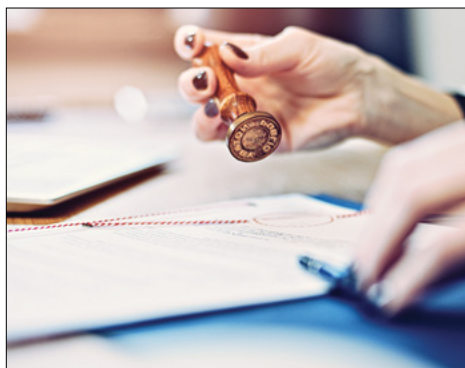
Fee: \$144

\$ Workforce NY tuition may be available. Call 518.679.6370.



To register, call **518.697.6370** or visit **columbiagreene.edu/cwd**

CAREER DEVELOPMENT COURSES



Notary Public Seminar

This seminar provides preparation for the New York State Notary Public Test. Topics include situations that a Notary Public may encounter including conflicts of interest, professional ethics, proper fees, special situations, when to defer to an attorney, and minimizing legal liability. All materials included. The link to schedule an exam is exams@dos.ny.gov.

INSTRUCTOR: Steven E. Williams is a member of the American Society of Notaries as well as a practicing Mobile Notary, Mortgage Loan Signing Agent, and a New York State licensed Mortgage Loan Originator.

BU 68142-1Z

Taught via Zoom 1 Thursday
September 17, 2026 6:00 p.m. – 9:00 p.m.
Fee: \$85

BU 68142-2Z

Taught via Zoom 1 Thursday
October 22, 2026 6:00 p.m. – 9:00 p.m.
Fee: \$85

BU 68142-3Z

Taught via Zoom 1 Thursday
December 3, 2026 6:00 p.m. – 9:00 p.m.
Fee: \$85

**\$ Workforce NY tuition may be available.
Call 518.679.6370.**

Getting Paid to Talk

For students who have ever wondered how to work in voice-over, this workshop is a realistic first step. An easy-to-access remote learning system will take students behind the scenes at Voice Coaches' main studios in Albany, NY, where voice-over content is produced. From audio books, training material, animation, and commercials, to socially relevant content, television, and much more!

INSTRUCTOR: Members of the Creative Voice Development Group in Albany, NY

PR 32184-1Z

Voice Coaches 26 Vly Rd.
Albany, NY 12205 1 Tuesday
October 26, 2026 6:30 p.m. – 9:00 p.m.
Fee: \$30

PR 32184-2Z

Taught via Zoom 1 Tuesday
November 10, 2026 6:30 p.m. – 8:00 p.m.
Fee: \$30

COMPUTER SKILLS

CompTIA A+ Certification Training (Vouchers Included)

Prepare to boost your resume and demonstrate your IT competence with a globally recognized credential! This course is designed to help students prepare to earn their CompTIA A+ credential by passing both required certification exams. Essential exam topics covered include various computer hardware and software aspects, including mobile devices, networking technology, virtualization, cloud computing, security, and operational procedures. Obtaining this certification will open doors for entry-level IT jobs such as technical support specialists, help desk technicians, or field service technicians. This course is self-paced; students have six months to complete the 200 course hours.

INSTRUCTION: This course is taught via our Ed2Go partnership

CM 28487-1Z

Taught online via Ed2Go
Rolling enrollment
Fee: \$2,299

**\$ Workforce NY tuition may be available.
Call 518.679.6370.**



Microsoft Office Specialist (MOS) Expert Certification Training (Vouchers Included)

Prepare for the Microsoft Office Specialist (MOS) certification exams for Word, Excel, PowerPoint, Outlook, and Access and earn your Microsoft Office Specialist (MOS) Expert Certification. Students will build their expertise in these programs through hands-on exercises, in-depth course material, and supplemental video demonstrations. This course is self-paced; students have six months to complete the 335 course hours.

INSTRUCTION: This course is taught via our Ed2Go partnership

CM 28488-1Z

Taught online via Ed2Go
Rolling enrollment
Fee: \$3145

**\$ Workforce NY tuition may be available.
Call 518.679.6370.**

Adobe Illustrator CC

This comprehensive Adobe Illustrator course caters to both beginners and experienced users, aiming to foster proficiency in this industry-standard vector graphics software. The curriculum is expansive, covering all facets pertinent to the Illustrator certification exam while delving into practical, real-world applications that demonstrate how to effectively utilize Illustrator's robust tools in design projects. Students are guided through creating detailed vector illustrations, logos, and typography, with a focus on leveraging the latest features and mastering advanced techniques to elevate their vector art. This course is self-paced; students have three months to complete the 40 course hours.

FOR MORE INFORMATION: <https://www.ed2go.com/cogreene/online-courses/adobe-illustrator-cc-self-paced/>

Taught online via Ed2Go
Rolling enrollment
Fee: \$174

**\$ Workforce NY tuition may be available.
Call 518.679.6370.**

To register, call **518.697.6370** or visit **columbiagreene.edu/cwd**

CAREER DEVELOPMENT COURSES

Computer Skills for the Workplace

This course is designed to provide the fundamental computer competencies students need to survive and prosper in today's fast-changing workplace. Students will learn how to implement the powers of modern office software to work faster and more efficiently. This course will also focus on practical applications for software most common to the workplace. By the time you finish, you will have learned why employers consider technological literacy so critical to the success of any organization. This course is self-paced; students have six weeks to complete the 24 course hours.

FOR MORE INFORMATION: <https://www.ed2go.com/cogreene/online-courses/computer-skills-workplace-self-paced/>

Taught online via Ed2Go
Rolling enrollment
Fee: \$147

**\$ Workforce NY tuition may be available.
Call 518.679.6370.**

Introduction to InDesign CC

In each lesson, students will learn an important aspect of InDesign CC and prepare a range of print and online products for a fictional company. Students will explore the best ways to create different types of material, how to reuse items such as colors and artwork, and how to produce publications for different page sizes and devices. You will come away knowing how to use this popular page layout software to design and create professional-quality letterheads, business cards, brochures, forms, interactive PDF files, an eBook, and more. This course is self-paced; students have six weeks to complete the 24 course hours.

FOR MORE INFORMATION: <https://www.ed2go.com/cogreene/online-courses/introduction-indesign-creative-cloud/>

Taught online via Ed2Go
Rolling enrollment
Fee: \$146

**\$ Workforce NY tuition may be available.
Call 518.679.6370.**

Introduction to Java Programming

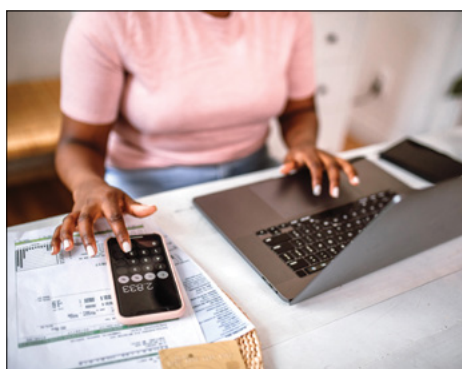
This course uses the latest release of Java from Oracle, the company that maintains and supports the language. Students will also learn how to use BlueJ, a graphic development environment designed especially for students. Both are free and open-source products and students will receive

instructions on how to download and install them. By the time you're done, you will be comfortable with Java programming and ready for more! This course is self-paced; students have six weeks to complete the 24 course hours.

FOR MORE INFORMATION: <https://www.ed2go.com/cogreene/online-courses/java-programming-introduction/>

Taught online via Ed2Go
Rolling enrollment
Fee: \$147

**\$ Workforce NY tuition may be available.
Call 518.679.6370.**



Introduction to Microsoft Excel 2019

This course will introduce students to the basic functions and uses of Microsoft Excel. Through hands-on lessons, students will learn numerous shortcuts to quickly and efficiently set up worksheets. They will also learn how to use the function wizard to calculate statistics, future values, and more. In addition, students will get tips on sorting and analyzing data, creating three-dimensional workbooks, and automating frequently repeated tasks with macros and buttons. This course is self-paced; students have six weeks to complete the 24 course hours.

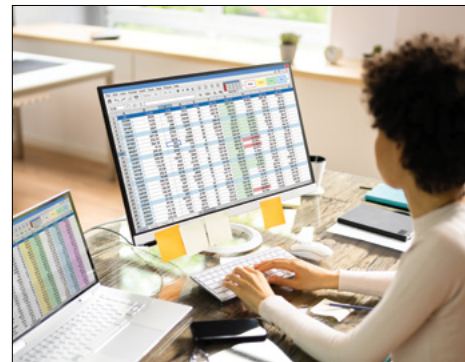
FOR MORE INFORMATION: <https://www.ed2go.com/cogreene/online-courses/introduction-to-microsoft-excel-365/>

Taught online via Ed2Go
Rolling enrollment
Fee: \$163

**\$ Workforce NY tuition may be available.
Call 518.679.6370.**

Advanced Microsoft Excel

This course will help students master many features in Microsoft Excel 2019 that most users don't know



exist. They will learn the secret to using formula based conditional formatting as a creative solution to common issues. Students will also learn how to leverage Excel's Power Query tool to import and transform data from about any data source. By the time you finish this course, you will have mastered Microsoft Excel 2019 and will be able to better serve your company's data management needs! This course is self-paced; students have six weeks to complete the 24 course hours.

FOR MORE INFORMATION: <https://www.ed2go.com/cogreene/online-courses/advanced-microsoft-excel-2019/>

Taught online via Ed2Go
Rolling enrollment
Fee: \$163

**\$ Workforce NY tuition may be available.
Call 518.679.6370.**

Microsoft Excel Pivot Tables

This course will teach students how to utilize the numerous pivot tables to develop useful analysis models and reports within their companies. Impress your coworkers by learning how to create functional and eye-catching interactive dashboards using a combination of pivot tables, Pivot Charts, and Slicers! Students will discover advanced techniques like creating Timelines, calculated fields, and calculated items. They will learn how to use Excel's Table function to efficiently manage changes to the pivot table's source data to avoid making mistakes when data is added or deleted. This course is self-paced; students have six weeks to complete the 24 course hours.

FOR MORE INFORMATION: <https://www.ed2go.com/cogreene/online-courses/pivot-table-excel/>

Taught online via Ed2Go
Rolling enrollment
Fee: \$160

**\$ Workforce NY tuition may be available.
Call 518.679.6370.**

To register, call **518.697.6370** or visit **columbiagreene.edu/cwd**

CAREER DEVELOPMENT COURSES

Introduction to QuickBooks

This QuickBooks course will teach students how to manage their business finances with QuickBooks Online. This powerful accounting software has helped millions of small business owners oversee their finances. Now that the cloud-based version is outpacing the desktop version, there's no better time to refresh your QuickBooks knowledge! Students will learn to use key features of QuickBooks Online and gain hands-on experience creating invoices, receipts, and statements; tracking payables, inventory, and receivables; generating reports; and more. This course is self-paced; students have six weeks to complete the 24 course hours.

FOR MORE INFORMATION: <https://www.ed2go.com/cogreene/online-courses/quickbooks-online/>

Taught online via Ed2Go
Rolling enrollment
Fee: \$156

**\$ Workforce NY tuition may be available.
Call 518.679.6370.**

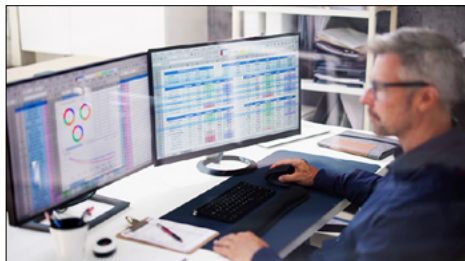
Intermediate QuickBooks Online

Learn to manage the financial aspects of your small business quickly and efficiently using QuickBooks Online. With this online version, students get all the advantages of computing in the cloud, which means that their accounting files will be available to them virtually anytime, anywhere. This course dives deeper into the software's intermediate features, such as tracking product and service items, managing inventory, and customizing sales forms. This course is self-paced; students have six weeks to complete the 24 course hours.

FOR MORE INFORMATION: <https://www.ed2go.com/cogreene/online-courses/intermediate-quickbooks-online/>

Taught online via Ed2Go
Rolling enrollment
Fee: \$156

**\$ Workforce NY tuition may be available.
Call 518.679.6370.**



ESL & LEARNING SUCCESS

ESL Bridge-to-College

Columbia-Greene's ESL Bridge-to-College is an intensive, non-credit course that helps academically qualified non-native English speakers learn the advanced English language skills required for college success. The course consists of two complementary instructional modules that provide college-level skills preparation in grammar, reading, and writing. The core classroom instruction is supported through supplemental opportunities in the College's Student Success Center and a professional tutor.

INSTRUCTOR: Daniel Flannery

SI 99345-1Z

C-GCC – Room 113A Mondays and Thursdays
Begins: September 10, 2026 6:00 p.m. – 9:00 p.m.
Fee: \$20



Grammar for ESL

Prepare for mainstream English classes as a non-native speaker. This course is designed as an in-depth analysis of English grammar for intermediate to advanced English as a Second Language students. This course is self-paced; students have six weeks to complete the 24 course hours.

INSTRUCTION: This course is taught via our Ed2Go partnership

SI 99407-1Z

Taught online via Ed2Go
Rolling enrollment
Fee: \$146

**\$ Workforce NY tuition may be available.
Call 518.679.6370.**



Young Adults Education for Success Program (YES), Ages 18-21

The Young Adults Education for Success (YES) Program provides one-on-one and group instruction for adults aged 18-21 striving to improve their prospects for workplace and career success. The course prepares students for the General Education Development test. GED program services include a workplace skills assessment, and instruction in reading, writing, and mathematics up to the pre-college level. YES accepts students on an ongoing basis, with 16 hours per week of instruction available beginning in September. Contact the Workforce New York Office for full eligibility and funding details at 518.697.6370, or workforce@greenecountyny.gov

INSTRUCTOR: C-GCC staff

SI 99246-1A

C-GCC – Room 117
Tuesdays, Wednesdays, and Thursdays
Begins: Ongoing 3:00 p.m. – 7:00 p.m.

HEALTH PROFESSIONAL DEVELOPMENT

Basic Life Support Skills Testing Only

This course is for students who have taken the American Heart Association Basic Life Support Certification Course online and only need to complete their in-person skills testing. Students must bring a printed copy of their online AHA BLS Completion Certificate. Information on the online BLS Certification Course can be found here: <https://cpr.heart.org/en/courses/basic-life-support-course-options>

INSTRUCTOR: Stacy Collier-Deieso, MA, is an Adjunct Instructor at Columbia-Greene Community College.

HE 77200-1A

C-GCC – Room 401 1 Monday
October 5, 2026 4:00 p.m. – 5:30 p.m.
Fee: \$60

**\$ Workforce NY tuition may be available.
Call 518.679.6370.**

To register, call **518.697.6370** or visit **columbiagreene.edu/cwd**

CAREER DEVELOPMENT COURSES



Heartsaver First Aid w/ CPR/AED

This American Heart Association Standard First Aid Course provides individuals with the knowledge and skills necessary to recognize and provide basic care for injuries and sudden illnesses until medical personnel arrive. The course covers all required topics such as recognizing emergencies, prioritizing care, using or applying rescue breathing, administering Adult CPR, and dressing wounds. The instructor will administer the American Heart Association First Aid/CPR certificate exam at the end of the class. The certification earned for this course is valid for two years. Note: this class is not for professional recertification for EMT First Responders.

Instructor: **STACY COLLIER-DEISO**

HE 36239-1A

C-GCC – Room 401

October 5, 2026

Fee: \$90

1 Monday

6:00 p.m. – 9:50 p.m.

SECURITY GUARD TRAINING

8-Hour Pre-Assignment Training Course for Security Guards

Prior to obtaining a security officer's license in New York State, students must attend and pass this course. Topics covered include the role of the security guard, legal powers and limitations, emergency situations, access control and identification, public relations and communication, ethics, and conduct.

INSTRUCTOR: William DeLuca served as a police officer for 21 years and is certified as a Master and General Topics Instructor by the New York State Bureau for Municipal Police. He also is a retired Assistant Professor of Criminal Justice at Columbia-Greene Community College.

PR 68333-1A

C-GCC – Room 136

October 31, 2026

Fee: \$90

1 Saturday

8:00 a.m. – 4:00 p.m.

**\$ Workforce NY tuition may be available.
Call 518.679.6370.**

Annual In-Service Training Course for Security Guards

This eight-hour mandated in-service training course is for all security guards in New York State and must be completed on a calendar-year basis for each year succeeding the completion of the mandated 16-hour On-the-Job Training Course for Security Guards. Topics covered include the role of a security guard, legal powers and limitations, emergency situations, communications and public relations, access control, report writing, ethics and conduct, and elective topics.

INSTRUCTOR: William DeLuca

PR 68424-1A

C-GCC – Room 136

November 14, 2026

Fee: \$90

1 Saturday

8:00 a.m. – 4:00 p.m.

**\$ Workforce NY tuition may be available.
Call 518.679.6370.**



C-GCC's policy is to take affirmative action to provide equal opportunity in all of its activities for all qualified persons, to prohibit discrimination, and to promote the full realization of equal opportunity. This policy of non-discrimination applies to all persons without regard to an individual's race, color, national origin, religion, creed, age, disability, sex, gender identity, sexual orientation, familial status, pregnancy, predisposing genetic characteristics, military status, domestic violence victim status, or criminal conviction. Employees, students, or applicants may not be subjected to harassment that is prohibited by law, or treated adversely or retaliated against based upon a protected characteristic.

To register, call **518.697.6370** or visit **columbiagreene.edu/cwd**

PERSONAL ENRICHMENT COURSES

Fall 2026

FIBER ARTS

Handspinning Yarn

Do you have sheep, alpacas, llamas, bunnies, sheep dogs, or mohair goats in your life? Fashion yarn from their fur in a timeless fashion by hand on a drop spindle, or more quickly with a spinning wheel! No experience is necessary to participate.

Supplies may be purchased at Country Wool; 518.828.4554

INSTRUCTOR: Claudia Krisniski, owner of Countrywool, has been teaching facets of fiber arts for more than 40 years. Using natural fibers, she is dedicated to enhancing the local fiber community's health and productivity.

AR 08860-1Z

Countrywool
59 Spring Rd.
Hudson, NY 12534
September 20, 2026
Fee: \$65

1 Sunday

10:00 a.m. – 12:00 p.m.

Knit an Aran Sweater **NEW!**

This three-session class over three months will cover constructing a cabled sweater, knit in the round. Experienced knitters welcome, or those who have previously taken Knitting a Wool Scarf.

Supplies needed may be purchased in advance at Country Wool; 518.828.4554

INSTRUCTOR: Claudia Krisniski

AR 08772-1Z

Countrywool
59 Spring Rd.
Hudson, NY 12534
October 18, 2026
November 1, 2026
November 15, 2026
Fee: \$195

3 Sundays

12:30 p.m. - 2:30 p.m.

Knitting a Wool Scarf

This class will teach the basics of knitting with soft and renewable wool yarn. Topics to be covered include casting on; knit, purl, garter, ribbing, cable, and seed stitches; joining yarn; and casting off. Continental, English, or American knitting will be



taught with full support for right or left-handed knitters.

Supplies may be purchased at Country Wool; 518.828.4554

INSTRUCTOR: Claudia Krisniski

AR 08816-1A

Countrywool
59 Spring Rd.
Hudson, NY 12534
November 8 and 22, 2026
Fee: \$95

2 Sundays

12:30 p.m. – 2:30 p.m.

COOKING AND BAKING

Beginner Cookie Decorating

Students interested in working with royal icing are encouraged to get the ball rolling in this exciting class! Step-by-step instructions will be provided as participants decorate five basic cookie designs to take home. Students will also be provided with the instructor's blogpost, loaded with cookie decorating information and recipes. Open to ages 10 and up. No refunds will be provided within 48 hours of the class.

INSTRUCTOR: Cindy Burek has been teaching cookie decorating classes for seven years at local businesses and hotels, in addition to other local community colleges. She owns Buttercup Cookie (www.buttercupcookie.com).

SI 99368 1A Charcuterie Board Theme

C-GCC – Staff Cafeteria
September 22, 2026
Fee: \$69

6:00 p.m. – 8:00 p.m.

SI 99368-2A Halloween Theme

C-GCC – Staff Cafeteria
October 15, 2026
Fee: \$69

1 Thursday

6:00 p.m. – 8:00 p.m.

SI 99368-3A Christmas Theme

C-GCC – Staff Cafeteria
December 2, 2026
Fee: \$69

1 Wednesday

6:00 p.m. – 8:00 p.m.

DRAWING AND PAINTING

Hudson Valley Plein Air

In this class, students will use pastels, watercolors, or oils to capture the beauty of the Hudson Valley. Instruction will begin with surface preparation, broadly blocking in the scene through creating a fully realized composition. A strong emphasis will be placed on color, structure, composition, and capturing the ever-changing natural light. The first class will meet at the Gazebo in Hudson Riverfront Park.

INSTRUCTOR: Luis Macia, an accomplished artist originally from New York City, was an apprentice to the noted watercolorist Irwin Greenberg, as well as the social realist, Max Ginsburg. His work has appeared in solo, and group shows in New York City and the Hudson Valley.

AR 44367-1Z

Offsite
Begins: September 9, 2026
Fee: \$85

6 Wednesdays

10:00 a.m. – 1:00 p.m.

Pen and Ink Workshop

This class places an intensive focus on creating form from line and shading using a variety of techniques and tools. Cartridge pen and speedball pen and ink on Bristol pad can provide a broad range of effects capturing bright lights and deep shadows. These techniques also serve to strengthen drawing skills.

INSTRUCTOR: Luis Macia

AR 44382-1A

C-GCC – Room 509
Begins: December 19, 2026
Fee: \$50

1 Saturday

2:00 p.m. – 5:00 p.m.

Exploring Pastels: The Marriage of Drawing and Painting

Explore the complexities and joy of pastels! Topics include preparing and toning surfaces; mixing and blending; losing and finding edges; contrast; and the effects of warm and cool colors on composition. The first class will be primarily instructional, while the final three classes will use photo reference, still life, and possibly a live model.

INSTRUCTOR: Luis Macia

AR 44387-1A

C-GCC – Room 509
Begins: September 9, 2026
Fee: \$75

6 Wednesdays

6:00 p.m. – 8:30 p.m.

To register, call **518.697.6370** or visit columbiagreene.edu/cwd

PERSONAL ENRICHMENT COURSES



Studio Painting

Professional artist and illustrator, Robert A. Laham, through the use of lectures, demonstrations and individual instruction will inspire artists of all two dimensional fine art media and levels of experience to create exceptional paintings and drawings.

Students will be encouraged to develop a sketchbook to record subjects, thumbnails and compositional armatures for their landscape, wildlife, still life, portrait or pet portrait paintings.

A completed drawing will be transferred onto your painting structure (canvas, board or paper), and a painting will be produced using a variety of techniques including the underpainting (brunaille) and glaze or direct painting methods.

Lectures and Demos will include: The 15 Keys to Successful Painting, Mastering Composition (including Linear Perspective, Aerial Perspective and Edge Perspective), Color Theory, Working from a Limited Palette, Color Shifts with Split Complementary and Split Complementary with a Shift Triads, Central Focal Points using Golden Mean and Rule of Thirds and other methods of art geometry.

Homework will be assigned.

INSTRUCTOR: In addition to being President of R. Alan Lahm, Advertising, Inc. Robert Lahm is an Alum of the Newark School of Fine and Industrial Arts and the Montclair Art Museum School.

AR 16257-1A

C-GCC – Room 509 6 Saturdays
Begins: September 12, 2026
9:00 a.m. – Noon or 1:00 p.m. – 4:00 p.m.
Fee: \$150

AR 16257-2A

C-GCC – Room 509 6 Saturdays
Begins: October 24, 2026
9:00 a.m. – Noon or 1:00 p.m. – 4:00 p.m.
Fee: \$150
No class November 28

Gelli Printing Bootcamp

Gel plate printing is a fun and unlimited form of monoprinting. It uses a soft, reusable gelatin-like plate to create one-of-a-kind prints on paper (on any surface). It involves applying acrylic paint to a gel plate, using a brayer, stamps, stencils or mark-making tools, then pressing paper onto the plate and pulling up a unique print.

This course can be a introduction to gel plate printing or an opportunity to practice what you already know and create a larger body of printed papers. Each workshop will encourage you to find your own style and process for making interesting and colorful papers.

INSTRUCTOR: K. Velis Turan (b. Washington, D.C.) is a mixed media artist living and working in the Hudson Valley region of New York. Her artwork has been exhibited nationally and internationally. Her focus, whether realistic or abstract, is always intensely graphic.

Recently her work has evolved from mixed media art quilts and canvas mosaics to paper mixed-media analog collages. She now spends her time printing, stenciling, and stamping many kinds of papers and turning her ideas into art.

AR 44395 1A

C-GCC Room 509
3 Tuesdays
Begins: September 8, 2026
6:30 p.m. – 9:00 p.m.
Fee: \$125

DANCE

Belly Dance Spirit

Traditional belly dance for beginners and experienced dancers! Students will learn variations of torso, arm, and hand movements; travel steps; and short choreographies using sample combinations. Classes focus on improvisation and individual expression. Please wear stretchy exercise clothing or belly dance clothes if you have them. Dance shoes or socks are required.

INSTRUCTOR: Donna Barrett is an experienced belly dance instructor who has recently performed locally with the Hudson Festival Orchestra and at Hudson Hall for Winter Walk.

DA 57001-1A

C-GCC – Room 505 4 Mondays
Begins: October 19, 2026 6:00 p.m. – 7:30 p.m.
Fee: \$60

DEFENSIVE DRIVING

Defensive Driving

Students who complete this course will qualify for a reduction of up to four points from their driving record for violations received during the 18 months prior to the class and will become eligible for a minimum insurance reduction of 10%. Students may repeat this course every 18 months for point reduction only. Offered in cooperation with the NYS Department of Motor Vehicles, the NYS Department of Financial Services, and the Empire Safety Council.

INSTRUCTORS: Victor Bujanow and Deborah Harpine are certified by the Empire Safety Council.

DD 68057-1A

C-GCC – Room 612 1 Saturday
September 19, 2026 9:00 a.m. – 3:00 p.m.
Fee: \$50

DD 68057-2A

C-GCC – Room 612 1 Saturday
October 31, 2026 9:00 a.m. – 3:00 p.m.
Fee: \$50

DD 68057-3A

C-GCC – Room 612 1 Saturday
November 21, 2026 9:00 a.m. – 3:00 p.m.
Fee: \$50

DD 68057-4A

C-GCC – Room 706 1 Saturday
December 12, 2026 9:00 a.m. – 3:00 p.m.
Fee: \$50



To register, call **518.697.6370** or visit **columbiagreene.edu/cwd**

PERSONAL ENRICHMENT COURSES

HEALTH & MOVEMENT

Pilates Mat Class

Pilates Mat is a great place to begin to learn the fundamental movements and Pilates exercise principles that can accommodate any fitness level. Improve strength, flexibility, balance, and posture by incorporating floor-based Pilates movements that stimulate the deep muscles of the body.

INSTRUCTOR: Suzanne Hazelton is a Certified Instructor for Body Be Well Pilates in Catskill, NY.

HE 62310-1A

C-GCC – Room 612 or Zoom 6 Mondays
Begins: September 14, 2026 6:00 p.m. – 7:00 p.m.
No class September 21, 2026
Fee: \$100

HE 62310-2A

C-GCC – Room 612 or Zoom 6 Mondays
Begins: November 9, 2026 6:00 p.m. – 7:00 p.m.
Fee: \$100



Stretch and Flow: Yoga with Julia

Join a gentle yoga class that promotes balance, strength, and flexibility. No experience is necessary! Expect a mix of standing and floor poses. A yoga mat is recommended, as well as any props for accessibility such as two blocks or a blanket/towel to enhance the practice.

INSTRUCTOR: Julia Vona-Shea is a 500-hour certified yoga instructor who values gentle, slow-flow practices that promote alignment and balance in the body. To learn more about her and her classes, visit beyouyoga.life.

HE 36292-1A

C-GCC – Room 612 or Zoom 8 Wednesdays
Begins: September 9, 2026 5:30 p.m. – 6:30 p.m.
Fee: \$110

Tai Chi & Qigong

Qigong, Tai Chi, and Trager® Movement are three approaches to more effortless flexibility and better balance. Qigong increases the flow of positive energy throughout the body, while Tai Chi movements are more complex, consisting of coordinated postures that resemble dance. Trager® releases physical and mental tension, improves joint mobility, and teaches the body how to move more effortlessly.

INSTRUCTOR: David Haines has been a teacher of Qigong and Tai Chi for 40 years. He also has been a practitioner of the Trager® Approach to Movement for 35 years.

HE 62248-1A

C-GCC – Room 612 6 Tuesdays
Begins: September 29, 2026 5:00 p.m. – 6:00 p.m.
Fee: \$90

Playful Tai Chi & Trager

In this class we will play with ways that Tai Chi & Trager can help us connect with ourselves and others through gentle yet supportive touch and movement.

HE 72207 1A

4 Wednesdays Begins: November 11, 2026
5:00 p.m. – 6:00 p.m.
Fee: \$60

LANGUAGES

Conversational Japanese – Elementary

Learn essential Japanese keywords and phrases for personal enrichment, travel or just plain fun. Throughout this enjoyable 6-class course, you will learn Japanese sounds of syllables, greetings,

how to speak about and ask about your nationality and occupation, how to introduce yourself, and 30 Hiragana (sound A-Ho), which is a Japanese writing system.

It is highly recommended to start with this class.

LECTURER: Rika Kobayashi, M.A. – graduated from Columbia University Graduate School and has licenses to teach Japanese and English. She has been a Japanese-language lecturer for undergraduate students at higher education institutions in the United States and taught at the secondary level in Japan.

LA 44466

6 Classes, Virtual Monday & Wednesday
Begins: September 9, 2026 12:00 p.m. – 1:00 p.m.
Fee: \$135

Conversational Japanese – Beginner 1

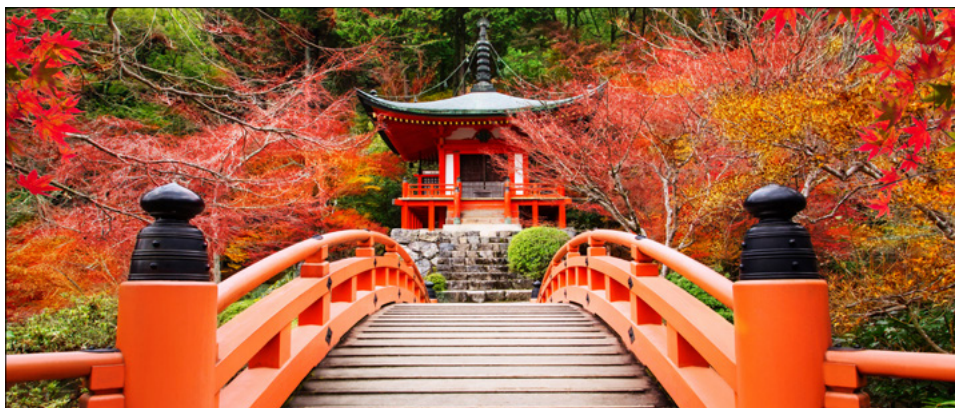
Continuous course after Conversational Japanese Elementary. Learn essential Japanese key words and phrases. Throughout this six-class course, you will learn how to ask what it is, what time it is, what someone's telephone number is, where the place is, some expressions for shopping, new phrases and vocabulary, and study 16 Hiragana (Japanese alphabet) sound Ma-Wo. This course will give you some basic survival Japanese to travel in Japan.

It is highly recommended to start with the elementary course.

LECTURER: Rika Kobayashi

LA 44476 1A

6 Classes, Virtual Monday & Wednesday
Begins: September 30, 2026 12:00 p.m. – 1:00 p.m.
Fee: \$135



To register, call **518.697.6370** or visit columbiagreene.edu/cwd

PERSONAL ENRICHMENT COURSES

PERSONAL FINANCE

Navigating the Medicare Maze

This educational seminar will enable those over the age of 65 to understand Medicare Health Insurance options. Seminar participants will receive an overview of the major features of Medicare including original Medicare, hospital insurance, medical insurance, Medicare Advantage, and prescription drug coverage. Medicare supplements and the relative benefits of national versus local networks also will be discussed.

INSTRUCTOR: Erik Lehtinen is an independent financial consultant based in Columbia County known for his expertise in advanced Medicare planning and review.

FI 24244-1A

C-GCC - Room 105
September 8, 2026
Fee: \$10

1 Tuesday

10:00 a.m. – Noon

FI 24244-2A

C-GCC - Room 105
October 6, 2026
Fee: \$10

1 Tuesday

10:00 a.m. – Noon

FI 24244-3A

C-GCC - Room 105
November 10, 2026
Fee: \$10

1 Tuesday

10:00 a.m. – Noon

SPECIAL INTERESTS

Holiday Gift Making Series: Handmade for Everyone on Your List NEW!

This two-class series (morning/afternoon) walks you through four small-batch products designed to be wrapped, boxed, and gifted- or kept for yourself. Take one class of both: each stands alone, but together they cover the gift-givers and gift-getters in your life.

INSTRUCTOR: Dionne Gule is an expert in soap making, with 12 years of experience in skincare product creation.

Sweet Treats: Lip Balm & Sugar Scrub

Blend a smooth, conditioning lip balm in tubes or tins, then whip up a honey-sugar lip scrub that exfoliates and softens in one step. Choose your scent and flavor from a curated selection – peppermint mocha, vanilla



chai, cranberry orange, or classic honey. You will leave with 4 lip balms and 2 jars of scrub. (2 gift kits)

SI 99410 1A

C-GCC Staff Cafeteria
November 7, 2026

1 Saturday

10:30 a.m. – 12:30 p.m.

\$65

The Full Beard: Oil & Balm

Formulate a lightweight beard oil from jojoba, argan, and grapeseed, the craft a matching beard balm with beeswax and shea butter for shaping and conditioning. Choose your scent from cedar-bergamot, oud, sandalwood-vetiver, or green grass & pine. You will leave with 2 bottles of beard oil and 2 tins of beard balm in matching scents. (2 gift kits)

SI 99411 1A

C-GCC Staff Cafeteria
November 7, 2026

1 Saturday

1:00 p.m. – 2:30 p.m.

\$65

Saugerties Lighthouse Tour

Join us at the Saugerties Lighthouse, an 1869 landmark on the Hudson River that now stands proudly as a living museum and a renowned bed and breakfast. The Saugerties Lighthouse Conservancy maintains the lighthouse and adjacent lands for the enjoyment of the public. The restored red-brick lighthouse offers overnight bed and breakfast accommodation, public tours, and special events. Furnished to replicate its early 20th century look; the lighthouse contains a museum, gift shop, parlor, kitchen, keepers' quarters, and two guest bedrooms. The operational light tower offers a panoramic view of the Hudson River Valley and Catskill Mountains.

The lighthouse can be reached via a half-mile nature trail of dirt and rock paths with wooden bridges, boardwalks, and sandy trails. It is at the end of Lighthouse Drive in the Village of Saugerties, New York. Suitable, comfortable shoes are recommended as it is a short walk to the lighthouse. Course fee includes a \$10 materials fee.

SI 99412

Saugerties Lighthouse
168 Lighthouse Road
Saugerties, Ny

1 Monday

September 14, 2026

12:00 p.m. – 1:00 p.m.

\$25

If any non-credit course or class is canceled because of inclement weather or emergency closings, or a satellite location is closed, classes will automatically be extended an additional week.



To register, call **518.697.6370** or visit **columbiagreene.edu/cwd**